

Finley High School Newsletter

Principal: Mrs H McRae Relieving Deputy Principal: Ms E Downey

3rd March 2016

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May 11

KEY DATES March **Riverina Swimming Carnival** 8-10 Life Education Program 9 P&C Annual General Meeting, 7pm in the Staff Common Room. 10 Open Boys and Girls Soccer Trials 11 **Boys Squash** 21 Open Tennis and Bowls in Barham 23 SToMP Trivia Night, 7pm start in the school hall. 24 Formal Assembly, 10:06am in the school hall. **School Photos** Secondary Boys and Girls Soccer Trials 25 **Good Friday** 28 **Easter Monday** 29 Motivational Media 30 Junior Social **April** 1 Year Six Forensics Day 4-5 **NSW CHS Swimming** 4-6 **Preliminary Final Exams Cross Country** 6 8 **Open Netball Trials** Youth Day Last Day of Term One 25 **ANZAC Day**

Staff Development Day

MADDD Night

Students return to school

Principal's Report

2015 Year Twelve HSC Students Start University

Our thoughts go out this week to the Year Twelve students of 2015, most of whom will have commenced their university courses this week.

Of the thirty students who completed legitimate VTAC forms, twenty eight were given first round offers at university. Some students achieved early entry into several institutions.

Many in the class of 2015 have gone to universities in Victoria while some have opted for CSU in Albury and Wagga Wagga. Four students have pursued their tertiary education in Canberra and one student has gone to Sydney University.

Many other students from Finley High School have gained employment locally or in the region, some commencing and continuing with traineeships and apprenticeships.

Overall, Finley High School can be proud of the success of all our HSC students, including our current Year Twelve students, several of whom achieved Band 5 and 6 results. We are certainly looking forward to some more exciting results in December when the 2016 results come out.

Teachers are currently evaluating last year's HSC results and are analysing areas for improvement in teaching and learning. We are looking at maximising opportunities for students to achieve their best in 2016.

Homework Centre

Last week the Homework Centre opened for 2016. Under the leadership of Mrs Littlejohn and Ms Coates, the ten students who attended were able to work on assignments and homework and ask for personal assistance from the teachers present. I would like to thank all those staff who have volunteered their time to support the students in the centre this term and encourage all students to use this centre whenever they can.

Learning Culture

As part of our School Plan, we at Finley High School believe that there is room to improve our learning culture at Finley High.

What does this mean?

I see it as the whole school community including teachers, students and parents, giving learning and attending school the highest priority. We need to set high expectations of achievement, attendance, behaviour and involvement in positive school activities. We would see teachers continue to create meaningful and engaging lessons; students having a positive attitude to learning supported by parents who insist that learning is of absolute importance to a successful life and career. We would see our communities supporting our kids in helping them to meet their learning needs. I believe that we need to work on this together.

Communication is a major part of improving our culture.

I am encouraging staff to review their communication strategies this year – with students, parents and peers. I would also encourage all parents to be involved in their child's education by asking questions of me and their teachers. By working together and endeavouring to be "on the same page" with the education of our students, our learning culture in the school will begin to improve.

The Learning Pit

At our professional learning afternoon last week, teachers were able to view a VIMEO video online on the Learning Pit. The Learning Pit is a place where we all feel we are at times, especially our kids. It is a place where students may feel helpless; that they can't learn something; that they are dumb. Our job as teachers is to give these students strategies to climb out of the pit. It is a great analogy for learning and I would encourage all parents to view the video online with their children. It has the potential to help them understand that it is ok to fall into the pit; but very important that they try strategies to get out.

Just google: The Learning Pit and go to the VIMEO recording. It goes for just 2 minutes and 40 seconds and is well worth a look by parents and students alike.





Change to Mailing

We have been notified by the postal service that mailing a letter will now cost \$1 and delivery will take from four to seven days. As a school, we do not think that this is acceptable. So we have decided that we will be emailing our letters to parents who have provided us with their email address. This means that letters are received when the issue, good or bad, has arisen and can be clarified and discussed in a timely fashion.

Parents who have not provided the school with an email address will still have letters posted to them. If you would prefer to receive letters in the post, please contact Sarah in the office to let her know.

If you have not given us your email, or wish to change your email address, please complete the attached form and return it to Mrs Singleton in the front office.

We hope that by making these changes, we may be able to save money and be able to put more funds into valuable resources for our students.

These changes will commence Monday 7th March.

Regional Swimming

Let's all keep our fingers crossed for the thirty students who will travel to Leeton on Friday to participate in the Riverina Regional CHS Swimming Carnival. Swimmers who are successful at this meet will be eligible to compete in the State Swimming Carnival later in the term. Good luck to all in the team!

Pictured below: photos of students who competed at Hay on the 23rd of February.



Left: Elle Rochford and Hayley Doohan.

Below: Ellie Jones and Emma Carey



Life Education

The Life Education Van is coming to Finley High School. Through the efforts of Lynda Whiley, the Life Education group will be at school next week to speak with students on a range of topics suitable to their age. If you do not wish your child to participate in the Life Education Van, please write a note for them to bring to me at school as soon as possible. Thank you to Lynda for organising Life Education to come to Finley High School.

P&C

The next P&C meeting will be held in the staff common room on Wednesday 9th March at 7pm. This meeting will be the AGM and we invite as many parents as possible to come and see how the P&C works at Finley High School. There should be no pressure for newcomers to take up a position on the executive, but your input is always valued.

KRAM Award Winners

This week's winners were:

I-Tunes Vouchers: Jai Armstrong, Li'i Vitale and Alexandra Trives

Canteen Vouchers: Max Cameron and Josh Anderson

Handballs: Abbey Marshall and Soumayjit Shirso

Mrs H McRae Principal

School Photos

School photos will take place on Thursday 24th March from 11am to 2.45pm. Please ensure that students attend school this day and are in their correct uniform. There will be a catch up day on Thursday 31st March from 1pm for any student who was unable to attend on the original day. Students will receive their photo envelopes in roll call week 8.

What's On In The Library.

Chess

Finley High School has registered to compete in the NSW Country Secondary Teams Competition 2016. The first match is to be completed before the end of Term One. The team will consist of four players. The winners of our 2015 school competition, Sabrina Taylor and Warren Pitt automatically are part of the team. A knockout competition will be held during lunchtimes in the Library over the next two weeks to determine the final two players. Start practising your moves!

NSW Premier's Book Challenge

The 2016 Premier's Reading Challenge will open on the 7th March 2016. It closes on the 19th August for students.

The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely.

The Premier's Reading Challenge (PRC) is available for all NSW students in Kindergarten to Year Nine, in government, independent, Catholic and home schools.

Students need to sign in and complete the entry online. Library staff are happy to assist with this process. The rules and other relevant information are on the website. Many of the books listed in the challenge are in the Library for students

to borrow. They are required to read a minimum of fifteen books from the Years Seven to Nine listed on the website and a maximum of five books of the own personal choice; at least 20 books in total.

Google: PRC NSW or Premier's Reading Challenge NSW and you will be taken to the website.

Mrs Fulton Relieving Librarian

Year Ten History

Year Ten History classes have been learning the cause of World War I.

Students were divided into six groups, each representing one of the main countries involved – Britain, France, Germany, Austria-Hungary, Russia and Serbia. Each group was required to do two things: the first, to assign blame for the start of the war on one of the other countries and the second, to argue that their own country was not to blame. The groups were to use supporting evidence from at least two sources to help establish their country's innocence.

The classes spent two to three periods for research and preparation.

In the debate, each country was allocated five minutes to argue their case accusing another country and to back up the argument with specific evidence. Following this, they were then given three minutes to respond to any accusations against them and to argue their own innocence.

In 10B, there were some impassioned arguments and accusations, as well as a split in one of the countries who were unable to agree on someone to blame.



Open Girls Basketball in Deniliquin- 18/2/16

The team was enthusiastic about travelling to Deniliquin to take on a well-trained and determined side. They warmed up and began discussing their strategy for how to start the game. They started strongly with a small lead in the first few minutes with every player putting in a huge effort. The opposition stepped up their game and Finley kept up using their defensive pressure to make the Deni girls work harder. After the half time break both teams came out firing but Finley was struggling to capitalise on their attacking efforts. Considering the team did not get a chance to train together before the day they worked well together and kept up the intensity until the end. The final score was 30-15, although they had been defeated their spirits were high and they should be proud of the way they performed throughout the day.







Left (L-R): Natalie Pitt,
Kylie Wooden, Rachel
Orro, Kiara Keating and
Sophie Lostroh
Front (L-R): Paige Nash,
Courtney Sexton and
Rhiannon MurphyRiddell.

Miss Scott

Use of Calculators in Year Eight Mathematics

The use of a calculator during the Year Eight Mathematical course can facilitate a broad range of mathematical work.

It is appropriate that each student have access to a calculator for this course. Students are encouraged to purchase a calculator from the school. SHARP scientific calculators are currently available for sale at \$22. This is a model that will satisfy your child's needs in Mathematics for the remainder of their high school life. Money should be taken to the pay office, then the receipt brought to the Mathematics staffroom.

Students will be encouraged to use their calculator in classwork, homework and for assessments. The use of the calculator is seen as important in making it possible to solve more meaningful, real life problems. Your child will be taught to use the SHARP calculator properly and at the same time, skills in mental arithmetic will not be neglected.

Unfortunately, the Mathematics teachers are not in a position to master every calculator commercially available. All Mathematics teachers at Finley are experts in using the SHARP EL-531, which is the calculator available at school, but have limited knowledge of many other brands.

Purchasing a calculator from the school guarantees after-purchase protection, given reasonable use by the student. We cannot guarantee the same protection to calculators not purchased from the school.

It would be appreciated if you could ensure your child has a calculator as soon as possible. If financial hardship is an issue, please contact Mrs McRae at school to organise assistance.

Mr M Chittick Acting Head Teacher Mathematics

Please detach and return:

Email Details

Please complete the following if you need to update and email address or let us know your email address and return to the front office at Finley High School.

Student/s Name:	 	 	
Parent/Caregiver Name: _	 	 	
Email Addrass:			



FHS Trivia Night

Building Community Connections

WEDNESDAY 23RD OF MARCH

FHS HALL 7PM START

PRIZES

\$5 per head (pay on the night)

6-10 persons per table

BYO nibbles or pre-order a platter- \$10 each

Table Bookings via FHS Ph;0358831344 by 21st Ma<mark>rch</mark>

FUNDRAISER FOR FUTURE STOMP ACTIVITIES

NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2016 the following vaccines will be offered to Year 7 students*:

- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)
- The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of hynda Campbell
Finley Community
Health Vaccination.

GREAT NEWS FOR PARENTS & STUDENTS

OUR SCHOOL HAS SUBSCRIBED TO AN ONLINE & INTERACTIVE STUDY SKILLS HANDBOOK

The ELES Online Study Skills Handbook

provides a comprehensive and interactive online guide for the school community (students, parents and teachers) as to the study skills needed for success in high school studies. This approach taps into students' affinity with technology to create a new and effective way to improve students' study skills.

This is a great online resource for parents and students to address all their study skills issues and concerns and enable students to learn new ways to improve their results at school. The handbook has a huge amount of information for both students and parents as well as a large number of interactive activities.



We encourage all parents and students to take advantage of this opportunity to further develop their students' study skills abilities through this online resource.

www.studyskillshandbook.com.au



P: 0416 293 087 F: 02 9908 1893 info@enhanced-learning.net www.enhanced-learning.net

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The topics currently covered by the handbook are:



- 1. Home Study Environment
- 2. Organisation & Filing
- 3. Time Management Skills
- 4. Managing Workload
- 5. Dealing with Distractions6. Overcoming Procrastination
- 7. Developing Motivation
- 8. Goal Setting
- 9. Lifestyle & Balance
- 10. Managing Stress



- 1. Will we ever use this?
- 2. Using Classtime
- 3. Asking for Help
- 4. Dealing with Conflict
- 5. Groupwork Skills



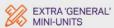
SPECIFIC SKILLS

- 1. Reading Skills
- 2. Writing Skills
- 3. Mathematical Skills
- 4. Science Skills
- Foreign Language Skills
 Assignment Skills
- 7. Research Skills
- 8.Presentation Skills



STUDYING

- 1. Summarising
- 2. Active Studying
- 3. Preparing for Exam Blocks
- 4. Test-Taking Techniques
- 5. After Tests & Exams



- 1. Starting Secondary School
- 2. Becoming a Senior Student
- 3. Bullying: Issues & Strategies
- 4. Managing Part-Time Jobs
- 5. Your Brain and Memory
- Live Your Best Life
 Educational Kinesiology
- 8. Living Across 2 Houses
- 9. Travel: A Motivator to Learn
- 10. Uni: Lecture Note-Making



- 1. Technology Tools
- 2. Basic Computer Skills
- 3. Be CyberSmart
- 4. Useful Apps for iPads
- 5. Microsoft OneNote

To access the handbook, go to www.studyskillshandbook.com.au and login as a subscriber with these details:

USERNAME:

PASSWORD:

Please note

The above user name and password is for the use of the secondary school parents and students AT OUR SCHOOL ONLY. Please do not pass our school's details onto students or parents from other schools or other individuals or organisations as this is a prosecutable breach of copyright and also will result in frequent password changes for our school. Please also ensure you read through the terms of use the first time you access the handbook.

CANTEEN ROSTER

Canteen Contact and Number
Mrs Kaylene Dawe 5883 1105
....LADIES, Please note 10am start....

March

- 4 J Chellew, J Burdon
- **7** J Russell, D Jewell
- 8 C Girdwood
- 9 T Doohan
- **10** J Burdon
- **11** D Thomas, V Bryce
- 14 M Read
- 15 C Alexander
- 16 J Blackmore
- **17** S Robertson
- 18 M Haintz, C Lawton

Finley High School P&C AGM

Wednesday 9th March 2015 7pm in the staff common room (School Admin Building).

The P&C meet every second Wednesday of the month. Everyone is welcome to attend.

fhspandcassociation@gmail.com

Community Announcements

Finley Farmers' Market

Saturday 5th March the Finley Farmers' Market will be held on the shores of Finley Lake from 8am to 12 noon. If you would like to catch up with friends and family in a community environment, have a coffee and a bacon and egg roll, stroll around the stalls laden with locally grown fresh produce, then this is the place to be.

Dinner for Daniel

"Dinner for Daniel" is an evening organised by Prue Mc Glynn, Ambassador for the Daniel Morcombe Foundation, to promote child safety. All money raised on this evening will go to the Daniel Morcombe Foundation.

The event will be occurring on Saturday 5th March, 2016, to be held at Club Mulwala, commencing at 6:30pm. Dress code is semi-formal with a touch of red, the tickets are \$100 each (which can be purchased individually or if you wish to organise group tables of 8 and 16 are also available). The price of the ticket includes a two course meal, plus three hours of beer, wine and soft drink. Drinks will be at bar prices from 10pm onwards. Special guests include Bruce and Denise Morcombe, Andrew Wishart and Sally Chatfield Band (from the X Factor) and Sam Newman (the Footy Show). For more information or to book tickets please call Prue on 0417 427 308.

Free Graduated Licensing Scheme Session for Learner Driver Parents in Tocumwal

Young drivers are three times more likely to be involved in casualty crashes. That's why the Roads and Maritime Services has introduced a new licensing scheme, with more supervised driving practice for learner drivers. To help parents in supervising learner drivers, the Roads and Maritime Services has set up a FREE 2 hour workshop for parents that offers practical advice on how to help learner drivers become safer drivers. A FREE session will be conducted by David Riches

at Tocumwal Library on Tuesday March 15^{th} from 1.00 pm - 3.00 pm. Please book early by phoning David on 0434 964764 now to reserve your place, or email saferlearner drivers@gmail.com

Expressions of Interest - Competition basketball

Local basketballers are keen, willing and committed to bringing back organised basketball in Finley. We are hoping to have support for four competitions (years 3-4, years 5-6, High school and a mixed adult competition). The three competitions for school aged participants would be played after school during the week and the mixed adult competition on a week night. Register your interest (or your child's interest) by texting or calling 0428 768 652 or e-mailing finleybasketball@gmail.com Please provide us with the participants full name, age and best contact number and e-mail address. We look forward to hearing from you! Aaron Taylor

Billabong Bog Run

Billabong Bog Run will be held on Sunday 6th March 2016 at the Jerilderie racecourse. Gates open at 8:30am. First runners start at 9amm. Cost: Juniors \$20 per person, Adults \$40 per person. You can find us on facebook or email billabongbogrun@hotmail.com to register.

Berrigan Scout Group

Expressions of interest are being sought in regards to starting up a Scout group in Berrigan. If your child is interested in joining or you would like more information about Scouts please contact Megan Lench on 0408974718 or email meganlench@bigpomd.com (please attention emails Berrigan Scout Group) or Christine Marshall on 0427211884, 03 5885 1194 or email chris@aussiecountryproperty.com.au (please attention emails Berrigan Scout Group). Please call or email before 31st March 2016.

Hearing Test

Shane Atkinson, Nurse Audiometrist will be attending the Finley Community Health on Tuesday 8th March and Tuesday 26th April. If you would like to book your child in for a hearing test please call Tocumwal hospital on 0358742166 to make an appointment.

Free Dental Treatment

Your child is eligible for FREE dental treatment.

All children in NSW up to 18 years old can have free dental care at a Public Dental Clinic.

Staff will ask for your Medicare number. Dental clinics are located at the **Berrigan** Community Health Centre and at the **Deniliquin** Hospital. Appointments are available now no waiting - phone **1800 45 00 46**

Are you a parent of a young person? Do you sometimes feel like a broken record?

If you have young people between 12 and 18 years of age, join us for a <u>free</u> program that will help you better understand the young people in your house!

The program 'Understanding Adolescents' talks about practical parenting tips that work, and information such as:

- Asking the question Is it serious?
 What's worth reacting to and what's not,
- How to hold those difficult conversations more successfully,
- Understanding adolescence:
 A time of reconstructions, redeveloping social landscapes', brain snaps and body make- overs, and
- Understanding your job as a parent of a teenagerobserver, advisor, negotiator, director.





When: 3 sessions: Thursday 17th, 24th & 31st March

Where: Intereach, Deniliquin.

Time: 5:30pm – 7:30pm

Sound interesting?

Contact: Libby Barker Intereach Parenting Support

Phone: (03) 5890 5252 Please leave a message with your name & number. Or email libbyb@intereach.com.au

www.intereach.com.au



"Talk on the Essentials of a Healthy Immune System"

Lynda Dyer is back by demand sharing her invaluable secrets from her International Best Selling Book.

Life After Lupus ... Healing Your Immune System



They told her she had Lupus. They said she was dying. With their apologies, the miracles of modern medicine had nothing more to offer her.

Life after Lupus...

Healing Your Immune System

By #1 Best Selling Author

That's when Lynda Dyer made a decision that literally turned her life around. She chose to live. Her Talk covers:

- Why did she get so sick?
- What is an Immune System?
- How did she get better?
- What supplements did she take?
- What about the change in her mindset?
- These are just some of the questions answered.

This is Lynda's seventh book. Her words inspire people to take control of their own lives. In hearing her journey, you might recognize some similarities to challenges you're currently facing. Let her teachings show you how you can move forward. You do not want to miss this information.

Here is the LIVE USA Radio Interview on this book: http://LifeInterruptedRadio.com/Lynda Dyer

Health Talks in Victoria will be held:

•	Albury	Friday 4"' March	7-9pm	
•	Echuca	Saturday 5 th March	1.30-4pm	Harvest Hotel
•	Deniliquin	Sunday 6 th March	10.30-1pm	CWA Hall
•	Jerilderie	Sunday 6 th March	2.30-5pm	Old Court House
•	Kyabram	Monday 7 th March	10.30-1pm	
•	Cobram	Monday 7 th March	7-9pm	The Top Pub

Cost only \$10. This money goes to help support the Ugandan Village that Lynda sponsors and venue costs.

Pre-bookings essential to secure your place. Some places maybe available on the day.

Registration: 30 minutes prior to seminar or workshop as workshops will start on time

Bookings: please contact one of the following people:

Team Leader

Georgina Thomas on 0407882295





MENTAL HEALTH INFORMATION EVENING

Finley Recreation Reserve @ 7.30pm TUESDAY 26TH APRIL 2016.

Guest speakers include:

Mrs Cheryl Bester (Clinical Psychologist)

Mr Greg Frazer (Mental Health Nurse with 50 years of experience & instigator of Nolan House Albury)

Mr Garrick Bridges (Nursing Unit Manager at Karinya, Private Hospital, Albury)

Sam Little (Author & Survivor)

Dr AlamYoosuf (GP - Finley)



Open to all ages from Grade 6 to Senior Citizens with a special emphasis placed on adolescents and parents/carers.

Literature from Beyond Blue available.

"Into the fog" by Sam Little for sale.

Light supper provided.

Gold coin donation entry fee - proceeds to Beyond Blue.

For further information contact: Lee McLennan 0432 629 589 or Dean Russell 0422 311 483