

Finley High School Newsletter

Principal: Mrs H McRae Deputy Principal: Mrs P Jackson

23rd November 2017

KEY DATES

November

27 – 1 Dec Year Ten Work Experience

28 Information Evening for parents of incoming Year Seven students. 6pm in the Finley High School Library.

29 - Breakfast Club

 "Homework Centre on the Road" Jerilderie St Joseph's and Barooga Public School, 4pm to 5pm

- Homework Centre at Finley High School Library 3:30pm to 4:30pm.

December

4 – 8	VET work placement
5	Year Six into Year Seven
	Orientation Day
6	Breakfast Club
13	Breakfast Club
14	Presentation Night, 7pm in
	the school hall.
15	Last Day of Term Four for
	students
18 – 19	Staff Development Days

Principal's Report

Formal Assembly

If you were not at Tuesday's Formal Assembly, you missed a wonderful event!

Not only were over 200 students recognised for their positive efforts at school, Student SRC leaders were recognised and new leaders sworn in for 2018. Students who volunteered to be leaders at the recent leadership day with Year 6 leaders were presented with certificates of appreciation by Mr Whitty. The Chess champions of the school were announced while students involved in the Youth Engagement Strategy were also recognised by TAFE for the outstanding job they have done on the construction project at school.

We were entertained by Bella Jackson's beautiful voice; Emma Marsden's encouragement of students to get involved in whatever they can at school and Zac Barlow's moving speech and slide show about his Premiers Scholarship tour to the ANZAC fields of war in Europe. The assembly concluded with a dramatic performance on bullying by the Year 9/10 Drama class of Miss Wood.

Throughout the whole assembly, the students of the school were respectful and attentive, even when it ran overtime into their recess time. It was heartwarming to see the respect and encouragement they gave to students who were receiving awards and sharing their knowledge, talents and skills. This was acknowledged by the visitors invited to the assembly.

Well done, students of Finley High School! You have done yourselves proud!

Kwong Lee Dow Scholar - Georgia Webb

It is with great excitement that I congratulate Georgia Webb on being

granted the Kwong Lee Dow Scholarship for the class of 2019.

Georgia was selected from over 1700 students across Victoria and Southern NSW for this prestigious University of Melbourne Scholarship.

This scholarship will give Georgia the opportunity to meet with other recipients on December 1 and participate in a range of activities to enhance her secondary studies and inspire her to make career choices, which may suit her interests.

We did not know of Georgia's success in time for our final formal assembly, but will acknowledge her on a whole school assembly in coming weeks.

Top 20 writers - Alice Chamberlain

Alice Chamberlain has been recognised as one of the top 20 writers in her age group in Victoria and southern NSW through her participation in a statewide writing competition offered by La Trobe University. The La Trobe "Gun Writers" competition saw hundreds of student enter from around the state. Alice's Essay on "Roads" was judged in the top twenty. This is a wonderful achievement and we are so proud of her efforts.

Good Luck Sascha Jones

Sascha will leave next week for a week of swimming representing NSW in the Pacific School Games. She will swim 50m Backstroke, 4 x 50m Medley Relay for her age group and the all age relay. We wish her every success.

Youth Frontiers

On Tuesday, Miss Downey took three students from the Youth Frontiers Group, Hannah Aughtie, Lilly-May Rogan and Samantha Stokes, to Sydney. The Finley High School Youth Frontiers program is a mentoring program where students in Year Eight work with a mentor to achieve a personal goal. They also worked on a community project, visiting the nursing home to spend time with the elderly residents. Our students and their mentors were nominated for a state award for their project and were placed runner up in the state for their achievements.

I would like to thank Miss Downey and Miss Scott for their organisation and support of this project and pass on a huge thank you to the mentors, who volunteer their time to work with our students.

Information Evening

Next Tuesday, 28th November, parents of incoming Year Seven students are invited to an informal evening to talk about supports which are in place at Finley High School for their children.

Commencing at 6pm in the school library, the discussion will be led by Jodi Brown, our student Support Officer. Topics for discussion include school routines, bullying, processes and procedures around supporting students in the school and a question time, where parents can ask questions which may be weighing on their mind.

The 2018 Year Seven adviser, Mr Simon Clark, will be there to lead some activities for the students.

Feedback on this night has always been positive as parents can have those nagging questions answered.

I look forward to seeing as many Year Seven, 2018 parents there as possible.

Year Seven, 2018

A reminder to all parents of our Year Seven, 2018 students that enrolment forms are now overdue. Letters have gone out this week as a reminder to bring completed enrolment forms to school as soon as possible. We are starting next year's timetable and trying to staff the school. To do this, we need to know accurate student numbers. Returning enrolment forms is essential for this process.

Scripture Reminder

Year Seven students are reminded to return their notes to me indicating whether they choose to do scripture in Year Eight, 2018. They are to place the notes in the box outside my office ASAP.

Presentation Night

Presentation Night will be held on Thursday 14th December. Letters will be sent to award winning students in the coming weeks. We ask that you return your intentions to attend to the pay office as soon as possible.

Mrs McRae Principal

Year Six Orientation Day

Orientation Day is on Tuesday 5th December. Students are to arrive at Finley High School at 8:50am by bus, foot or private vehicle. Throughout the day, students will be involved in a variety of activities, including mini-lessons, get to know you games, school treasure hunt and a transition program.

The canteen will be available for the students to purchase their lunch or recess. Book packs are also available for the students to purchase from the canteen. The cost of the book pack is \$50 and \$20 for the school-preferred calculator.

Due to the physical activities planned for the day, it would be appropriate if all Year Six students wore their sports uniforms.

If anyone has concerns regarding the day, please contact me at Finley High School on (03) 5883 1344.

Mr Clark

Year Seven Advisor 2018

Year Eight Excursion Reminder

The Year Eight excursion will be held Friday 1st December. It will involve students travelling to Shepparton for the day to take part in various team-building activities. Students will need to be at school by 8:50am and will return at approximately 4:30pm. Pick up in Tocumwal will be at the Shell service station at 9:05am and drop off on the way home will be at approximately 4:15pm. Students are to wear casual clothes and running shoes to be able to participate in all the activities. Lunch will be provided but students will need to bring a snack and a bottle of water.

If you require any further details please call Miss Scott.

Teen Mental Health First Aid

In the upcoming weeks our Year Ten students will be fortunate enough to participate in Teen Mental Health First Aid Training. Our School Counsellor, Mirelda Wales, was recently trained as a program facilitator.

The course has strict structure and offers whole year groups training in teen Mental Health. This will give our students the appropriate skills to identify and act on seeking support regarding any concerns they have for their peers and their mental wellbeing.

Please refer to the parent handout attached to this newsletter for more information. If you have any questions do not hesitate to call, Mirelda Wales, on 03 5883 1344.

Mock Interviews

On Monday and Tuesday all Year Eleven students participated in Mock Interviews. Students had been preparing for these interviews during Careers lessons and had written cover letters and resumes for the various mock positions available. Students dressed up in appropriate work wear and attended an interview with various employers from our local businesses. Students were put through the formalised process of a job interview where they were asked a variety of questions under pressure situations. Employers evaluated each student and their resumes and decided on the best candidate for each position. Next week students will be given their interview evaluations from the employers and the

students who performed the best will be presented with a prize rather than a job. In saying that, all students were well prepared and performed admirably in their interviews with many receiving high praise from their employers.

We would also like to take this opportunity to thank the businesses who donated staff and time to this very worthwhile program. These real world experiences cannot happen without the support of local businesses and we are grateful for your support. This experience is of immense value to our students as they transition from school to the world of work.



Above: Hannah Heaney, Stephanie Wright and Theodora Miaoudis



Above: Mandy Huang



Above: Aleisha Gray, Ann Cameron and Dylan Maxwell



Above: Tom Whelan and Isobelle Bradford

Year Nine Agriculture

Recently the Year Nine Agriculture class participated in the Artificial Insemination of our stud Poll Dorset ewes. David and Rozy of Genstock kindly gave up time from their busy schedule to donate their services. It was a very interesting and strenuous session which our students are fortunate to observe. Hillden Poll Dorset stud once again donated semen from ones of their top rams. This is beneficial to us as we continue to breed sheep that are genetically comparable to other top breeders in this industry.



Left: Decklin Smithers, Mr Bird, Clay Webb, Mollie McGrath, Nicola Denny and Georgia Lunn lifting a ewe into the Al trolley



Left: Georgia Lunn checking thawed semen under the microscope

Haynes Butchery Visit

The Year Twelve Agriculture class, on National Agriculture Day (21st November), visited Haynes Butchery to learn about cutting up a lamb, the lamb marketing chain, the concept of value adding, advertising and promotion of lamb and how lamb supply might vary throughout the year.

This forms part of the student's Farm Product Study on Prime Lambs. We had a great experience and thank Ashley Haynes and Chris Shaw for assisting us with our learning in this area.



Above: Year Twelve Ag students watching butcher, Chris Shaw, demonstrate how to cut up a lamb.



Left: Ashley Haynes and Chris Shaw.

Paddock to Plate in Technology Mandatory

The Year Seven Technology Mandatory class stepped back in time on 22nd September, learning the process of separating the cream out of whole milk. The students took turns turning the handle to work the separator. The cream collected will be used in making mini quiches. Hopefully this class will be lucky enough to churn butter and make something delicious to spread their butter on. Thanks go to Mr Webb and Mrs Philpot for their collaboration on this teaching idea.



Above and below: Year Seven Technology Mandatory students separating cream out of whole milk.





Year Eight Art

The Year Eight Art class have been busy studying Guido Van Helten, the artist responsible for painting art onto silos and trains. He is interested in ordinary people in their environment.







Above left: Mrs Boake with Rose Chamberlain.

Above: Abbey Marshall

Left: Sasha Jones and Ally Barlow.

Year Eight Music

The Year Eight Music class have been learning how to play the Ukulele.



P&C Raffle

Finley High School P&C will be selling raffle tickets in the lead up to Presentation Night. We are looking for volunteers to give some time to sit at Finley IGA on Friday 24th November and Thursday 30th November. If you are able to spare some time, even an hour, it would be greatly appreciated.

Please contact David Marsden on 0417 513 822 if you are able to help out.

School Student Transport Scheme (SSTS)

Does your child travel on a bus?
Will your child need school bus travel in 2018?
Have you moved house or has your child changed schools?
Have you changed your phone number?

These are all reasons to update your details or apply for school bus travel.

It is a simple online process that needs to be completed prior to starting school in 2018.

If you need to update details please use the following link https://apps.transport.nsw.gov.au/ssts/#/updateDetails

If you are putting in a new application please use the link below https://apps.transport.nsw.gov.au/ssts/#/howToApply

Skoolbag

We have just come on board with the Skoolbag app. If you wish to download it to your smartphone follow the instructions below.



Skoolbag

Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- > School events
- > School newsletters
- > School documents
- > School RSS feeds
- > School social media (Facebook, Twitter)





How To Install Skoolbag On Your Smartphone

iPhone & iPad Users

- 1. Click the "App Store" icon on your Apple device.
- 2. Type your school name in the search, using suburb name will help.
- 3. If iPhone, you will see your school appear, click "Free" then "install".
- 4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "install".
- 5. When installed click "Open"
- 6. Select "OK" to receive push notifications, when asked.
- 7. Click the "More" button on the bottom right of the App, then "Setup".
- 8. Toggle on the Push Categories that are applicable for you.





Android Users

You must first have signed up with a Google Account before installing the app.

- 1. Click the "Play Store" button on your Android Device
- 2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
- 3. Click the school name when it appears in the search.
- 4. Click the "Install" button.
- 5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
- 6. Click "Open" when installed.
- 7. Click the "More" button on the bottom right of the App, then "Setup".
- 8. Toggle on the Push Categories that are applicable for you.





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Skoolbag delivers school notices directly to parents and students



Whole School Assessment Due Dates Year Class Assessment Task Teacher Due Date Twelve 12 CAFS Independent research project Miss Downey 8/12/2017

CANTEEN ROSTER

Canteen Contact and Number
Mrs Kaylene Dawe 5883 1105
....LADIES, please note 10am start....

November

- J Congdon, C Cauchi
- 27 J Russell
- **28** F Aull
- 29 J Burdon
- 30 J Clark

December

- 1 J Chellew
- 4 D Jewell, M McCaw
- 5 H Harris
- 6 D McLean
- 7 L Bryce, J Clark
- **8** J Crowhurst, T Clarke

Finley High School P&C Meeting

Wednesday 13th December, 2017 7pm in the staff common room (School Admin. Building).

The P&C meet the second Wednesday of the month. Everyone is welcome to attend.

fhspandcassociation@gmail.com

Community Announcements

Hearing appointment

Shane Atkinson, Nurse Audiometrist, will attend Finley Community Health Centre on Monday 4th December 2017.

If you have any concerns about speech, learning or behaviour, please ring Tocumwal Hospital on 03 5874 2166 to make an appointment for your child to have a hearing test.

Children must be free of colds at time of test and at least six weeks following a cold.

If any queries ring Tocumwal Hospital and leave a message for the Nurse Audiometrist.

A LIVING GIFT

Science has beautiful African Violets, in a variety of colours, potted up a in convenient waterwell pots and flowering in time for Christmas! Just \$10 each. Enquiries to Susan,

Finley High School 58831344



PBL live: - Engaged students

Learning, in a

Respectful,

Responsible manner





teen Mental Health First Aid (tMHFA): What parents need to know

Your child's school is conducting tMHFA training, which gives teenagers the skills they need to recognise and help with mental health problems and crises in their friends, and to get the help of an adult quickly.

Young people will often turn to each other when stressed or upset, and try to help each other, taking too much on. This course teaches them not to try to take on these problems alone.

The course discusses suicide. You may wish to discuss this with your child, if there is a risk they will find it distressing.

This course has not been introduced because of any specific problems at the school. Mental health problems are very common in adolescents. If there has been a student suicide in the school, be aware this specific suicide will not be discussed, nor will any individual student.

Your child might want to talk about the course. The following can help you to have a conversation if this is needed.

Session 1 discusses mental health problems in general, and understanding how common and disabling these are in young people. Students also learn about professionals who can help.

Session 2 talks about helping a friend who is in crisis, whether because they are suicidal, engaging in non-suicidal self-injury, using alcohol or other drugs, or experiencing bullying or abuse.

The Action Plan ('Look, Ask, Listen, Help Your Friend') is introduced for the first time, and applied to a crisis situation. You can find details about the Action Plan on the MHFA website listed below.

There is a video which shows a young man helping a friend who is experiencing suicidal thoughts. Participants are told that in a crisis situation it is important to get a responsible adult involved right away.

Session 3 takes a step back and discusses how to help if someone seems to be developing a mental health problem. We don't teach students how to diagnose problems – it's advice about being a supportive friend, encouraging the friend to seek help, and knowing when it's time to get an adult involved.

Your child will bring their manual home after session 3. There are resources for further information in the back and you may want to explore them together. If you wish to learn more now, resources are also provided overleaf.

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teen Mental Health First Aid (tMHFA): What parents need to know

If you wish to learn more...

- ... about mental health problems experienced by young people, visit:
 - www.youthbeyondblue.com
 - www.reachout.com
- ... about suicide:
 - www.livingisforeveryone.com.au
- ... about tMHFA and other MHFA courses:
 - www.mhfa.com.au

For immediate online help for teenagers:

- www.kidshelp.com.au
- www.eheadspace.org.au

Year 10 tMHFA Program Outline

Session 1- Tuesday 14th November Session 2- Thursday 16th November Session 3- Tuesday 21st November

Each session is 1 hour long. The course is at NIL cost.

Please feel free to contact School Counsellor & trained tMHFA facilitator, Mirelda Wales, on 0358831344 if you have any questions.

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FINLEY HIGH SCHOOL "HOMEWORK CENTRE ON THE ROAD"

Finley High School's

"Homework Centre on the Road"

is an opportunity for students in Years 5 to 12 from all local schools

to attend supervised homework sessions

where they are able to complete homework tasks

while being supported by high school and primary school teaching staff.

VENUES

Wednesday 18th October - Berrigan Public School and Tocumwal Sacred Heart

Wednesday 1st November - Jerilderie Public School and Barooga Public School

Wednesday 15th November - Berrigan St Columba's and Tocumwal Public School

Wednesday 29th November - Jerilderie St Joseph's and Barooga Public School

4pm – 5pm Afternoon tea provided

Offered by FINLEY HIGH SCHOOL Supported by YOUR *Primary Schools*

Respectful, Responsible Learners