

2nd September 2021 | Finley High School

Phone: (03) 5883 1344

Newsletter Week 8, Term 3, 2021

Email: finley-h.school@det.nsw.edu.au

| Date: | Event: | | |
|----------------|--------------------------|--|--|
| September 2-10 | Lockdown – Home Learning | | |

Key Dates

A word from Mr Ward

I would like to extend a huge thank you to everyone in our school community during this difficult time. Starting with the students, I have been very impressed with your resilience and engagement with remote learning, I'm hearing wonderful stories and have been shared into some really positive video's and work samples that students have uploaded.

To the parents, thank you for your understanding and collaboration in working with us to ensure your child is given every opportunity to learn to the best of their ability at this time. Finally, to the staff, who continue to go above and beyond to ensure that every student has the necessary resources to learn from home. Again thank you all.

A Day In The Life Of School.

These last three weeks we have had 5 staff on site. Thank you to our administration staff who manage the front office, rotating each day. Mr Whitty and I have been sharing the executive position as on site manager. The staff are coming in one at a time to supervise the students of essential workers, they are working in the library each day. Whilst our SLSO staff rotate to support all our students on site. One member of staff I would like to 'shout out' to is Mr Tessier our wonderful TSO who comes in early every day to ensure devices, dongles and other technical support is available.

Celebration Of SASS

During week 9, Term 3 every year we acknowledge the great work of our school support staff. Whether they work in the office, library, in the school grounds or in the classroom they are instrumental in supporting our students, teachers and the whole community. They often go above and beyond to support the school and work tirelessly to ensure everyone is supported. These staff are the heart of our school community and I would like to personally thank them for their contribution.



Jeff Ward Principal

Thank You to Our SASS Staff























































Careers News

Hairdressing, Barbering & Beauty

Last week several students undertook a webinar and tutorial around hairdressing, barbering and beauty. They investigated possible career pathways and educational requirements. At the end of the information session students were invited to use products they have at home to complete two beauty processes, namely fashion brows and Faux Freckles. Students utilised home products including old toothbrushes, soap and instant coffee to create some of these very on trend beauty looks.

The Finley High - Fabulous Food Focus

FHS Food Tech students have busted out their aprons at home and been busy in kitchen. There have been a range of meals prepared at home, some of the dishes include sweet chilli pork rissoles, pancakes, beef stroganoff, scones, beef and broccoli stir fry, pasta bake. A special well done to the students who have made outstanding videos sharing their kitchen creations – maybe some future YouTube chefs in the making!











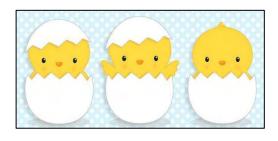
Check out our newest additions!!













Struggling to find something to read?

Don't know what to read?

Why not try **GENRE BINGO?**

Read one book from each genre box in a line: horizontal, vertical or diagonal.

Bored with computer work? Need something to read?

The school library is happy to get you the book you want. How?

- Log on to your student portal.
- Click on "Oliver Library" on the left of screen.
- Search for your book/topic/interest or click on Browse List to see what is available.
- Click on the book you want and then select **Reserve.** (Make sure it is the "book" you choose. eBooks can be borrowed online using your student login; see last newsletter for details).

Mrs Begbie will send you an email when your books are ready to pick up from the front office.

Can't collect? Let the school know if can't get there and we will try to arrange delivery with you.



Australian Airforce Cadets - Seeking males and females between 12 - 15.

The Australian Air Force Cadets (AAFC) is recruiting now until the end of term 3! The AAFC is a youth oriented organisation that is administered and actively supported by the Royal Australian Air Force. The AAFC will teach you valuable life skills and will help you develop qualities including leadership, self-reliance, confidence, teamwork and communication. Some activities undertaken by the AAFC include flying, fieldcraft, adventure training, firearms safety training, drill and ceremonial, service knowledge, aeromodelling, navigation and gliding. The above is conducted on Friday evenings during the school term and weekend and school holiday activities are also available.

419 Sqaudron Shepparton is now accepting enquiries and expressions of interest to:

0481111305.

co.419sqn@airforcecadets.gov.au

To be eligible to enrol you must be 12(turning 13 this year) -15.

If you would like anymore information or for us to provide you with extra recruitment material, please don't hesitate to contact me:

Trevor Morrison

Flying Officer (AAFC) Commanding Officer 419 Squadron - Shepparton

Australian Air Force Cadets

Tel: 0481 111 305

Email: Trevor.Morrison1@airforcecadets.gov.au



Staying Up to Date

At this time, it is important that you are kept up to date with the latest developments on how the Department of Education (DoE) is continuing to support schools, students and families. There are regular meetings between the department, NSW Health, the Government and a range of other agencies. The department has been advocating strongly for staff and students to have access to vaccinations, to seek clear information on how we can help to keep our communities safe, as well as up to date with relevant information. The department's COVID-19 page is constantly being updated, and outlines the restrictions in our schools as well as other useful information and resources to keep you up to date and supported.

Level 4 – Learning from home encouraged; schools are open for families who need it.

- Students and staff to not attend school if they have symptoms; negative COVID-19 test required prior to returning to school.
- Non-essential visitors not allowed on site (including parents and carers).
- QR code check-in and check-out required for all staff and essential visitors.
- Mask wearing requirements While on school sites, both indoors and outdoors, masks are mandatory for all staff, and all students in Year 7 and above. Staff are not required to wear a mask where it may affect the ability of a student to hear or engage with them, and when working alone in an office or classroom.
- Singing, chanting, choirs, bands and school performances not permitted
- No assemblies
- No excursions
- No canteens
- No uniform shops
- . No Special Religious Education (SRE)
- No community use of school facilities

Home Learning

Please ensure your child/children are engaging in their learning from home. If you need help or have any queries please contact the school.

If anyone has pictures they would like us to share of the students participating in learning from home please email them to the school:

finley-h.school@det.nsw.edu.au

ACTIVE KIDS VOUCHER

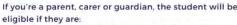
IS YOUR CHILD READY TO GET ACTIVE IN 2021?

Don't forget that the NSW Government is helping kids get active with the Active Kids program.

The **Active Kids** program provides **two** \$100 vouchers for parents, guardians and carers of school-enrolled children to use towards sport and active recreation costs each year.

- VOUCHER 1 is valid January to December 2021
- VOUCHER 2 is valid July to December 2021

To use the voucher, find a registered activity provider and present your voucher when you sign up. <u>Eligibility</u>



- a NSW resident aged between 4.5 and 18 years
- enrolled in school (from Kindergarten to Year 12, including those who are home-schooled or enrolled in secondary school education at TAFE NSW)
- · a current Medicare card holder.

You can apply for a voucher for each eligible student.

What you need

- · a MyServiceNSW account
- one proof of identity document
- your child's Medicare card details
- your child's height and weight (optional)

Click here to apply online







Canteen Roster & Community News

CANTEEN & UNIFORM SHOP Contact - 0473 946 683

September

- **13** M. Close
- 14 F. Aull
- **15** L. Bryce
- 16 T. Bauer
- 17 R. Lockhart(Jerilderie)

The Canteen/Uniform Shop is open from 8.30am – 2.30pm Monday to Friday

If you cannot fill your rostered day or you swap please notify the canteen on the phone number above. Thank you.

Staff Wellbeing Pictures

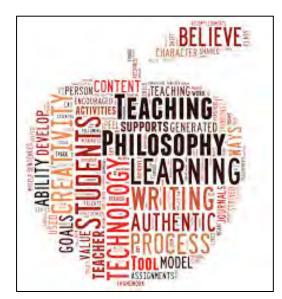
Last week our staff participated in a wellbeing exercise where we shared photo's of something that we enjoyed or that bought us joy during the lockdown. Here is a sneak peak at some of the pictures

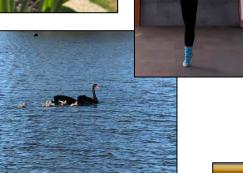
we shared.



















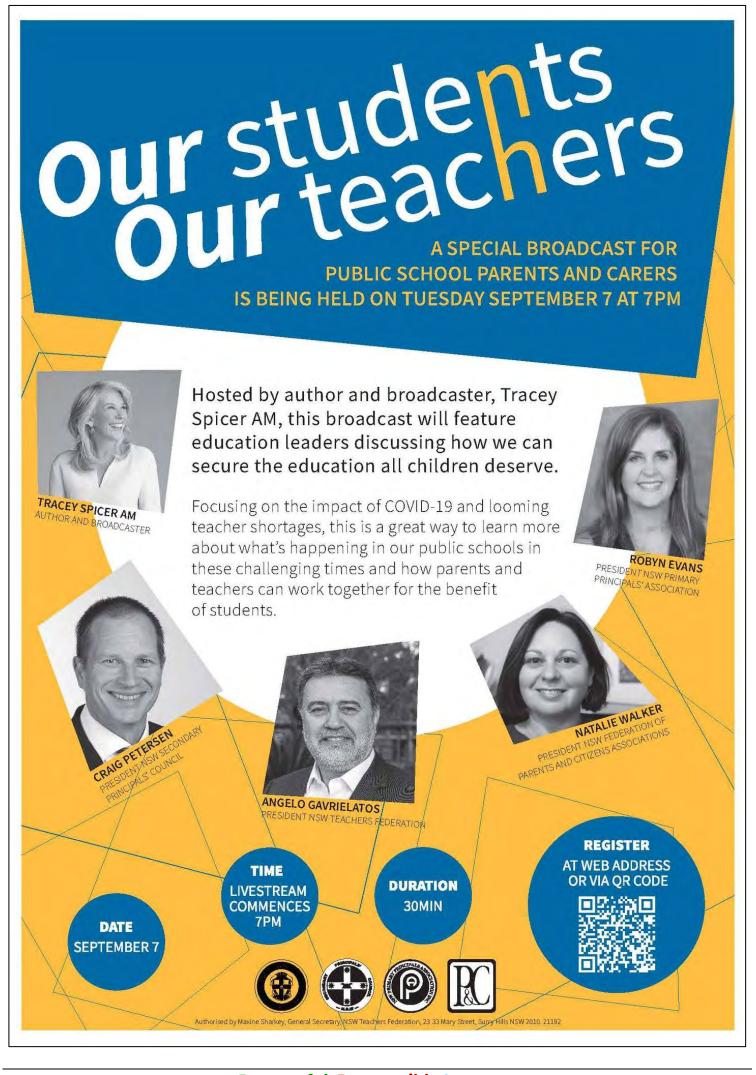












ANGER MANAGEMENT

Offering you greater awareness and understanding of how your brain works, what lies beneath your anger, and how grief and loss impact anger. This course is especially suitable for separated parents who have been court-ordered or legally recommended.

GRANDPARENTS DOING IT TOUGH

Many grandparents are raising their grandchildren for many different reasons. Our monthly support group offers friendship, parenting strategies and much more.

KEEPING KIDS CALM

This program helps parents/carers to understand their children's emotions and behaviour and offers strategies on how to help their child be colm and better manage challenging behaviours.

KEEPING KIDS IN

This course is for parents who have separated and are having a difficult time managing conflict between each other. It also aims to help parents support their children through their experience of separation.

PSYCHOLOGY SERVICES

If you are concerned about your child's development, or have observed some changes in behaviour. Centacare's registered psychologist can provide a wide range of assessments.

ENGAGING ADOLESCENTS

This course teaches parents and carers strategies for how to have challenging conversations with their behaviour.

SUPPORT WITH YOUR RELATIONSHIPS

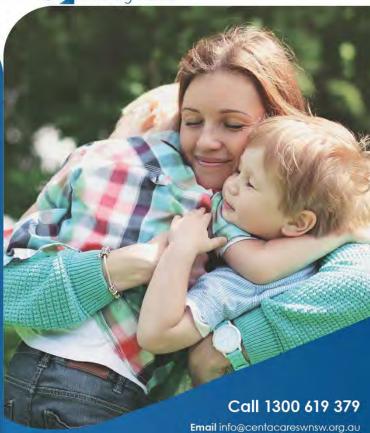
We offer individual, couples and family counselling to help support, strengthen and improve relationships.

PARENTING CHILDREN WITH ADHD

The goal of this course is to inform and empower parents/carers to work together with their child to cope with the challenges of ADHD by passing on practical, workable strategies that will make a difference in the lives of all family members.

SUPPORT FOR YOUR MENTAL HEALTH

Speak confidentially with one of our professional counsellors or psychologist who are skilled in helping people to improve their mental health and wellbeing.



wellbeing for all

TERM 4 TIMETABLE 2021

Web centacareswnsw.org.au

| PROGRAMS | WHERE | WHEN | TIME | FEES | ABOUT |
|---------------------------------|--|---|-------------------|-------------------|---|
| Grandparents Doing It Tough | Tocumwal Library, 57 Deniliquin Street, Tocumwal | Every 3rd Friday of the month | 10:00am - 12:00pm | FREE | A monthly support group for grandparents who are raising their grandchildren. *Please note, this program is subject to change and/or be postponed in keeping with the public health orders and restrictions. |
| Junee Awesome Ladies Group | Junee Baptist Church, Corner Orr & Main Street, Junee | Every Monday (excluding school holidays) | 10:30am start | FREE | A weekly support group for all women and children in the community. *Please note, this program is subject to change and/or be postponed in keeping with the public health orders and restrictions. |
| Keeping Kids Calm | Online via Microsoft Teams | Monday 11th, 18th, 25th October & 1st November Registrations close 27th September | 10:00am - 12:00pm | S \$60 C \$40 | This program is for parents/carers who need some support with helping their child to regulate their emotions. |
| Anger Management | Online via Microsoft Teams | Thursday 14th, 21st, 28th October & 4th, 11th, 18th November Registrations close 30th September | 11:00am - 1:00pm | S \$100 C \$60 | This program helps support people to understand and cope with their feelings of anger. |
| Engaging Adolescents | Online via Microsoft Teams | Monday 1st, 8th & 15th November Registrations close 18th October | 6:00pm - 8:00pm | S \$60 C \$40 | An education course for parents/carers about resolving difficult behaviours in teenagers. |
| Keeping Kids in Mind | Online via Microsoft Teams | Thursday 4th, 11th, 18th, 25th November & 2nd December Registrations close 21st October | 6:00pm - 8:00pm | S \$100 C \$60 | This program is for separated parents who are experiencing ongoing conflict. |
| Parenting Children with ADHD | Online via Microsoft Teams | Wednesday 10th, 17th & 24th November Registrations close 27th October | 12:00pm - 2:00pm | S \$60 C \$40 | This program aims to inform and empower parents/carers to work together with their child to manage the challenges associated with ADHD. |

Call 1300 619 379

Note: This timelable is downloadable from our website S= Standard C= Concession Prices

Email info@centacareswnsw.org.au
Web centacareswnsw.org.au