

### Phone:(03) 5883 1344 Email: <u>finley-h.school@det.nsw.edu.au</u>

Banner: 2023 Captains and Vice Captains

# **Key Dates**

# Newsletter Week 4, Term 4 2022

| Date:   | Event:  |
|---|---|
| 3 <sup>rd</sup> November                      | Lovebites – Year Ten                                    |
| 17 <sup>th</sup> November                     | Year Nine Empowerment Day                               |
| 18 <sup>th</sup> November                     | PASS Excursion<br>Sheep AI Excursion- Jerilderie        |
| 23 <sup>rd</sup> to 25 <sup>th</sup> November | Year Ten Excursion to Melbourne                         |
| 24 <sup>th</sup> November                     | Years Nine and Ten CSU Future Moves Campus visit Albury |
| 28 <sup>th</sup> November                     | Driver Education  |
| 29 <sup>th</sup> November                     | Year Six Orientation Day                                |
| 1 <sup>st</sup> December                      | Formal Assembly   |

# A word from Mr Ward

With six weeks remaining till the end of the year we are at that stage of the year when we review what we have achieved in 2022 and start preparing for 2023. The HSC exams conclude this week, Year Ten have just completed their final exams, Year Eleven have started their HSC studies and we have started planning for transition and orientation days for our incoming Year Seven cohort. So as students head off at this time of the year into traineeships, work, prepare for university in 2023 or prepare for next year at school I often reflect on how we can achieve success for everyone, and I believe it only works when there is a shared commitment between dedicated teachers, motivated students, and enthusiastic parents with high expectations. If all these things are aligned success is so much easier to achieve.

# Sarah Bauer

I would like to congratulate Sarah Bauer whose essay in the 2022 National History challenge was deemed the best in New South Wales in the Women's History section. Sarah has been invited to Sydney where her achievement will be celebrated at the ANZAC Memorial in Hyde Park.

#### **Riverina Visual Arts Camp**

10 of our most creative and passionate art students recently attended the Riverina Visual arts camp in Wagga Wagga. The three day camp focused on workshops in painting, drawing and printmaking. The students also received expert tuition, TAFE and gallery visits.

Congratulations to the follow students who attended. (pictured right) Olivia Campbell, Georgie Nelson, Zara Williams, Charli Momot, Erica Hayes, Marley Glanvill, Lilly McNamara, Hailey McLean, Sophie O'Donnell and Jack Koschel (absent from photo)



# **Alison Kleinschmidt**

Mrs Baxter and Alison Kleinschmidt attended NSW Parliament last week. We are very proud of Alison's achievement in the Civics and Citizenship Program. Mrs Baxter reported that Alison was an absolute delight to take and represented the school with pride. Throughout the program she went out of her way to connect with students from other schools and learn as much as she could from the program. Congratulations Alison, we are very proud of you and thank you to Mrs Baxter for her support of Alison.

#### Jodi Brown

Our super Student Support Officer, Jodi, travelled to Tamworth recently for four days of youth mental health instructor training. It's wonderful knowing our staff are receiving this training and we have qualified personnel available for all our students.

# **Big Blue Day**



October is Mental Health Month and on Friday 28<sup>th</sup> October, SToMP hosted Blue Day to raise awareness and promote resources and supports available in regard to mental health to students and staff. Leading up to the 28<sup>th</sup> SToMP ran the following. For a fortnight leading up to Blue Day there was a message each day in the daily notices about Blue Day. Students and staff were encouraged to wear blue costumes or clothes with prizes for the best dressed. The school was decorated with blue- balloons, streamers, messages of kindness. There was also a staff morning tea - BIG BLUE TABLE to raise funds for mental health. Thank you SToMP, your individual messages to staff were much appreciated.

Left: SToMP senior leaders, Shannae Thomson and Abi Litchfield.

### Waterwheel

Production of the school magazine the Waterwheel has begun and I want to thank Mrs Tobin who is leading this. Also for the kind donations we have received from community groups. These donations allow for a professional magazine and allow us to keep costs down. Just writing my principal report recently was so difficult, reviewing what we have achieved and the people to acknowledge in a year is so difficult. It made me realise what a tremendous school we have and the wonderful people in it.

# **Albury High School Visit**

Mr Hay, Jodi Brown, Miss Perry and I had the pleasure of spending a day at Albury High School recently. We each had an agenda and spent professional learning time and collaboration with staff at Albury High School. Thank you to Darryl Ward the principal who supported this opportunity.

#### HSC

This is the last week of the HSC exams and I just want to thank our HSC supervisors, led by Nerida Cardwell, who have once again done a tremendous job. We are lucky to have such a supportive and professional team who support our students. HSC marking starts and I would like to congratulate and wish Mrs Baxter and Mrs Jackson all the best. It's been some time now since I was a HSC marker but it was the best professional learning a teacher can ever undertake, marking over 100 scripts over two weeks is not only arduous but very rewarding.

#### Thank you cleaning staff & teachers

On the 20<sup>th</sup> October we celebrated thank you cleaner day and left token of appreciation to our wonderful cleaning staff led by Sally. We cannot thank you enough for your efforts.

On the 28<sup>th</sup> October we also recognised World teachers day recognising all our wonderful teaching staff who do such tremendous job.

# Probus

It was a pleasure to be invited to the last Probus meeting in Finley. I took along our new School Captains, Matt Whelan and Meg Marshall, who spoke about education, the classes they take and where they hope to be in the future. It was a wonderful opportunity to listen and also hear what education was like for the Probus members back in the 50's and 60's.

*Jeff Ward*, Principal



# **Presentation Night and Waterwheel Sponsorship**

Thank you to the businesses who have generously sponsored the Finley High School Waterwheel Magazine and the Finley High School Presentation Night for 2022.

Ag Warehouse Andrew Cherry Berrigan Caravan Park Dawmac Industries Dempster Seed and Grading Services Finley Community Help Group Finley Golf Club Finley Returned Soldiers Club Ltd JM & EJ Walsh JT & EN Close KM & WM Kelly and Sons Lawton Ag Spraying Lions Club of Berrigan Lions Club of Jerilderie and District Lions Club of Finley Lodge Riverina Thom PA & JL Scott Pine Rise Pumps Jerilderie Riverina Garage Sussan Ley, Member for Farrer Tuppal Dairy

# **Civics and Citizenship Program**

Last week Alison Kleinschmidt travelled to Sydney to attend the inaugural Civics and Citizenship program at the Parliament of NSW.

The program included a number of keynote speakers that presented arguments for and against compulsory voting and working groups that allowed students to consider the arguments for and against compulsory voting in Australia. Alison joined in discussions with students across Australia and represented Finley High School with distinction.

Alison was one of only 35 students from NSW who were selected to participate in the program after she submitted an outstanding essay on the strength of Australia's democracy.



Mrs A Baxter Relieving Head Teacher HSIE





# **Allied and Physical Health Career Expo**

On Wednesday 2<sup>nd</sup> November Finley High School hosted the Allied and Physical Health Career Expo. This involved 14 of our wonderful local health heroes who came along and chatted with students in Years Ten and Eleven. The day saw students rotate through health groups across three sessions where the health professionals addressed information such as what they do in their role (eg: what a day might look like, who they help, what opportunities there are within their profession outside of their current role etc), how they got to where they are today (eg: Study pathway, roles that led to them to their current one) and finally what they love about their job. Some were also able to stay around after the session to give students the opportunity to ask questions they were unable to ask during the session, whilst others bought along a little show and tell from their roles which was invaluable for our students interested in pursuing health careers.

Finley High School would like to thank Catherine Healy for all her work in bringing in the speakers and organising the event. This is such a valuable learning experience for our regional students to get a first hand look at occupations available to them in regional areas within health. We would also like to thank the presenters who gave up their time to attend the Allied and Physical Health Career Expo. We know your time is valuable but to be able to hear first hand about a role gives students a much clearer idea of that occupation moving forward.

#### Thanks

Catherine Healy - Social Worker Alicia Haley - Psychologist Anna Atkinson OT Stephanie Girdwood - Speech Pathologist Katie Gurciullo - Allied Health Assistant Dr Sarah Peek - Obstetrician and Gynaecologist Dr Alam - GP Renee Webster - Paramedic Kim Collins - Pharmacist Jo Loughridge - Nurse Peter Orro- Chiropractor Marni Pyle - Podiatrist Yasmin McGrath - Myotherapist Alistair Clark – Physiotherapist

Deb White Careers Advisor





Above: Yasmin McGrath demonstrating the TENS machine.

Left: Kim Collins, pharmacist, Renee Webster, Paramedic, and Dr Sarah Peek speaking with students.

Respectful, Responsible Learners









# **Show Team**

The team members of the Finley High School Show Team all put in money to purchase this sign for Mr Webb and Mrs O'Leary as a gift of appreciation for all the hard work and many hours they contribute to the Show Team. Mr Webb and Mrs O'Leary were very surprised and grateful to receive this beautiful gift.



Respectful, Responsible Learners

# **National History Challenge**

This term, World History students submitted entries to the National History Challenge as part of their personal interest projects for this class.

Sarah Bauer's entry, an essay titled 'The Isolation of Women in Country Australia', was awarded first place in the category of Australian Women's History for NSW.

This is an incredible achievement and something Sarah should be very proud of.

Sarah's winning essay is included in this newsletter and proves to be a very interesting read.

Mrs Anne Wadsworth English/History Teacher

# The Isolation of Women in Country Australia

Sarah Bauer | Finely High School | Year 10 | Individual Research Essay | Australian Women

The physical and social isolation of rural communities has significantly impacted Australian's on many levels. This essay examines the causes of isolation in rural communities and its consequences on Australian women throughout history. It then discusses the response of the Country Women's Association (CWA) in connecting and uplifting country women.

Rural communities and their residents have experienced considerable challenges due to their remote location and limited access to many services, facilities and resources. This isolation by distance impacts rural residents mentally, socially and physically. The cause of this isolation lies within the distance separating rural areas from resources and the limited action taken to combat this in communities. Throughout history, women have experienced many challenges associated with the remote lifestyle and thus lack of access to goods, services and opportunities, particularly for social interaction. The formation of the Country Women's Association (CWA) has recognised these struggles and acted to support and uplift women and their communities.

Community organisations, such as the Country Women's Association (CWA) were historically instrumental to providing social connection, developing community and advocating for rural issues in Australian society. The association was established in 1922 at a Bush Women's Conference meeting held at the Sydney Royal Show. The first promotional motto captures CWA's collective vision "Service to the Country. Through Country Women. By Country Women. For Country Women" <sup>1</sup>

Isolation in the early 20th century was a significant issue for remote Australian communities. In 1906, 48.5% of the Australian population lived in rural communities of less than 3,000 residents <sup>2</sup>. These are primarily agriculturally supported regions that, due to their location, are physically isolated from metropolitan districts and, therefore, the services and opportunities they offer. CWA have formed 370 branches across NSW and ACT, which have helped these remote communities come together. <sup>3</sup>

Low population and distance issues restrict individuals' opportunity to socialise with other community members. During these early years, women's role in society was based from the home, cleaning, cooking and caring for children, removing the social outlet provided through work. Due to the inability and difficulty of

<sup>&</sup>lt;sup>1</sup> (Harfull, 2022, p.9)

<sup>&</sup>lt;sup>2</sup> (Hugo, 2007)

<sup>&</sup>lt;sup>3</sup> (Harfull, 2022, p.11)

congregating, limited events were organised to encourage social interaction within these regions. The consequence of this isolation and minimal social opportunities was desolation as women coped without the support of friends or established support networks.

CWA provided regular social opportunities for women in rural communities by establishing branches across NSW. Florence Laver formed CWA's first branch in Crookwell on 10th April 1922. Florence organised the meeting in the local School of Arts and encouraged women within the Crookwell community to join the association. Following this, branches were formed at Mudgee, Keera, and Bingara, gradually spreading all across NSW regions, bringing together the local women in town halls, schools and homes.<sup>4</sup> These events allowed members to discuss improvements to the community and plan fundraising events to act upon these suggestions. Although the impact on women was beyond improving just the community, these events gave women the opportunity to socialise with other local ladies. This community base gave women a feeling of belonging and purpose as they became committed to meeting regularly and taking action on local issues.

Local associations tackled the issue of loneliness, by bringing together country women who shared common experiences, challenges and interests, uplifting and connecting them. The women used the collective skill of cookery and handicraft as a generator of fundraising and incentive for community socialising and collaboration. Mrs. W.F Satchell commented in 1953, after attending the annual conference, "Handcrafts were swelling the membership of the association because women wanted to learn to do something creative with their hands" <sup>5</sup> In 1929, Wagga Wagga woman Dorothy Hammond assembled a hangable calendar of daily recipes, which sold over 45,000 copies at 2 shillings each they "proved success and usefulness by the great demand" <sup>6</sup>After the calendar's success, in 1937, CWA released their first well-known blue recipe book, *The Coronation Cookery Book*, which collated the famous and foolproof recipes from country women all over the state. CWA branches across NSW came together to organise the first The Land Cookery Competition in 1951, which encouraged local women to cook cakes, biscuits, jams and preserves, which were judged locally, with the winners progressing to the state finals. The fundraiser for the Seaside Homes Appeal was suggested by *The Land* newspaper which advertised the event and provided prize money.<sup>7</sup> The competition gathered many isolated and lonely women experiencing the same struggles, allowing them to connect and build friendships over their shared interest in cooking and involvement in the CWA.

The remote location of rural towns also reduced access to goods and services such as food supplies, equipment, health care, medical and financial professionals, shopping opportunities and educational facilities. This greatly influenced the ability of women to raise families, live comfortable lives and stay healthy.

The lack of access to services, particularly in the health care realm, significantly impacts rural communities' overall health. The lack of adequate health care services, facilities and professionals results in the underdiagnosis of illness, minimal provision of local treatment, and general poor community health awareness. Maternity care and facilities were severely under-supported in rural health programs, resulting in high infant and maternal mortality rates with approximately 1000 deaths out of 10 000 children <sup>8</sup>. This has significantly affected the lives and health of individuals and families throughout history.

Many women raising families in isolated regions of Australia were severely impacted by the limitations of remote life and medical access. In order to receive treatment for many illnesses, long distances had to be

- <sup>7</sup> (Harfull, 2022, p. 118-119, 150-152)
- <sup>8</sup> (INFANT MORTALITY RATES)

<sup>&</sup>lt;sup>4</sup> (Harfull, 2022, p. 51-53 , 294)

<sup>&</sup>lt;sup>5</sup> (ANNUAL CWA CONFERENCE)

<sup>&</sup>lt;sup>6</sup> (C.W.A. CAKE AND PUDDING CALENDARS)

travelled, and many sacrifices were made by women. The story of Grace Emily Munro exemplifies this issue and can provide insight into the medical struggles faced by rural women at the beginning of the 20th century. Grace and her husband Hugh Robert were based in the rural Gwydir River District of northern New South Wales. Grace had four children between 1900 and 1910, Hugo, Douglas, Grace (Nancy) and Jack. Grace was faced with the consequences of the lifestyle in 1911 when her daughter Nancy contracted appendicitis requiring the pair to travel the long and rough trip to Sydney to receive proper care. This involved them taking a buggy and horse to the Warildra district, then boarding an approximately 24-hour train ride to Sydney via Moree, leaving her one-year-old son, Jack, with a station hands wife. While away receiving care for Nancy, Jack fell sick with a fatal case of croup, passing away before Grace's return on the 9th of May 1911. This had devastating effects on Grace's mental health, leaving her extremely sad and with limited support available to her. <sup>9</sup> Being isolated in her community, limited by the resource and service availability, Grace deeply felt the consequences of bush life.

Isolation from urban centres resulted in the lack of sufficient resources for child care and delivery, and, therefore the death of many children and mothers. In 1920, the bush women's conference disclosed that in the previous year, 3436 children under 12 months old died in NSW. The cause of these deaths was devastatingly, usually preventable, occurring due to the poor living environments, nutrition and hygiene in rural Australia. These alarming statistics saw the first woman in the NSW parliament, Millicent Preston-Stanely, speaking passionately in October 1925 to the Legislative Assembly demanding action be taken to help these women and children. News of her speech petitioned for "Horses Rights for Women", after she discovered that Sydney University's Veterinary Science course had a Chair and offered specialisation in horse obstetrics. However, there was no such Chair in Midwifery. <sup>10</sup>

CWA acted to improve maternity care in rural NSW, through the construction of facilities, training of nurses and the expansion of the bush nursing scheme. CWA began the initiative by supporting the Bush Nursing Association (BNA) through public campaigning and fundraising. <sup>11</sup>The first maternity facility was built in 1923 for the women in the Binya region, with the help of BNA. The association also educated and advised pregnant women about their and their baby's health through the establishment of baby centres, beginning in Moree in 1925. <sup>12</sup> During the year, a two-shilling first aid book was also published, providing pre-maternity and postnatal aid tips written by Dr Harold Norrie. Hillston was very appreciative of the maternity ward, which was opened in their community on 30th November 1927, recognising the 'very good and noble work the Maternity Hospital was doing for the district' and its value as an asset to the hospital. <sup>13</sup>

Feelings of isolation for women meant, post-birth, there was limited support available to help women struggling. The Tumut CWA determined this as a needed area of child support for women, resulting in the establishment of the Emergency Housekeeper Scheme, in 1926, which assisted women who were ill or tired after giving birth. The scheme offered an experienced housekeeper to help women with domestic chores. This scheme showed great success within the community, the CWA encouraging other regions to offer similar services. <sup>14</sup>

- <sup>12</sup> (Harfull, 2022, p. 79-81)
- <sup>13</sup> (OPENING OF NEW WARD)
- <sup>14</sup> (Harfull, 2022, p. 83)

<sup>&</sup>lt;sup>9</sup> (Harfull, 2022, p. 27-30) Grace went on to become a founder of the Country Women's Association taking on the role of the first executive committees president, her tragic rural life experiences encouraging her to help other women avoid such circumstances.

<sup>&</sup>lt;sup>10</sup> (Harfull, 2022, p. 73-83, )

<sup>&</sup>lt;sup>11</sup> (Harfull, 2022, p. 74)

CWA's work improving health, specifically maternity health, was an exceptional effort combating the isolation from medical resources, which caused many deaths and considerable stress for rural communities women.

The separation between rural and metropolitan areas caused the undermining and isolation of rural issues and voices. A strong disconnection formed as the struggles and needs of rural communities were often unrecognised and, therefore, unsolved. Rural women within a patriarchal society and isolated in remote Australia were left without a voice in matters which impacted their lives and communities.

As one of the most influential women's advocacy groups in Australian history, CWA has performed to promote the support of rural communities through campaigning, fundraising, networking and the implementation of solutions. CWA have been discussing the important issues of these communities since 1922, as the State Conference passes resolutions that support numerous aspects of bush life, including women's rights, environmental management, child safety, education, health and law. <sup>15</sup> The 1927 resolutions focused on "Railway Matters' ', which involved the management and improvement of public transport and the services provided for women and children on them. In the following years, they called for the support of Aboriginal women and children in rural communities, was struggling. Other resolutions included the fluoridation of public water supplies to prevent tooth decay, introducing retail pricing controls on feminine hygiene products, establishing pedestrian crossings near schools, fear mammograms and more <sup>16</sup>. In each of these incidents, CWA branches have listened to their communities and given them a voice, as seen by the resolution introduced at State conferences and individual branch action.

CWA helped isolated students by advocating for improved rural education facilities and opportunities. The 1945 and 1946 Conference Resolutions highlighted the need for greater secondary and technical education, school transport options, and proficient teachers. <sup>17</sup>The promotion of education allowed CWA to gain recognition and support for the cause. The group began providing accommodation for students, encouraging young girls to complete secondary education. In 1945, Inverell opened their first accommodation hostel for girls, housing 22 individuals in the cottage establishment, with the Gwydir CWA assisting in maintenance. <sup>18</sup> The hostel provides "a home away from home" <sup>19</sup>, for the girls allowing them to comfortably finish their education. CWA's advocating for education helped rural communities improve their schooling services.

Social and physical isolation has characterised rural life throughout history. The causes stem from the large distances from metropolitan areas, which are the major centres of resources and infrastructure. Consequently, this rural isolation has resulted in social challenges for country residents, and restricted access to goods and services. The Country Women's Association has played a vital role in helping women in these regions connect, act and find their voice for themselves and their communities. Through CWA's support, women continue to overcome the consequences of isolation, collaborating to maintain their goal; "Service to the Country. Through Country Women. By Country Women. For Country Women" <sup>20</sup>

17 (Harfull, 2022, p. 142-143, 146-147)

<sup>20</sup> (CWA NSW)

<sup>&</sup>lt;sup>15</sup> (Harfull, 2022, p. 12-13)

<sup>&</sup>lt;sup>16</sup> (Harfull, 2022, p. 294-305)

<sup>&</sup>lt;sup>18</sup> (C.W.A. GIRLS' HOSTEL)

<sup>&</sup>lt;sup>19</sup> (C.W.A. HOSTEL FOR GIRLS IS POPULAR)

# **Canteen Roster & Community News**





Young Driver Program - it's all about attitude A thought provoking, confronting and informative road safety program with advice on a wide range of topics for young drivers. Presented by Greater Shepparton Police and local agencies

Riverlinks Westside. Cnr Homewood Drive & Echuca Road, Mooroopna

Arrive by 6.45pm for a 7pm Start (concludes approx 9pm)

#### Free Entry - but a ticketed event

Registrations open 1 August 2022. Telephone; (03) 5832 9511 or online via **riverlinksvenues.com.au/whats-on** 

Enquiries: Leading Senior Constable Leigh Johnson (03)5820 5847 email; leigh. johnson@police.vic.gov.au. Leading Senior Constable Dean Lloyd (03)5820 5870

GREATER



If an Attendance Certificate is required, please register at the CoolHeads Desk prior to taking your seat.





GOULBURN VALLEY



# Will you be leaving school in the next year or two?

#### Would you like to:

- enhance your prospects for entering tertiary education and gaining employment?
- develop new friendships and networking opportunities with other like-minded students?
- optimise your leadership and citizenship qualities and play a constructive role in the community?
- gain experience in presenting yourself to prospective employers and speaking in a public forum?

#### then consider entering the Lions Youth of the Year Program.

Since its inception in 1964, the Lions 'Youth of the Year' Program has fostered and optimised the confidence, leadership and citizenship qualities in thousands of school leavers.











#### State Winners of 2022 - Melbourne

L to R: Aaron Materne, SA/NT; Harshitha Peddireddy, Qld; National Winner, Huda Zaidi, WA; Emily An, NSW; Eugenie O'Rouke, Tas; Public Speaker, Magnus Mulhall, Vic..

You can get all this because Lions Clubs across Australia support our youth in their endeavours to grow and become active and contrbuting members of our society.

#### Future Rounds

The overall winner at the Club Final will be invited to compete in the next round of the program. You are under no obligation to go on, but the ultimate prizes for State and National winners are very attractive.

- The State Winners receive \$1,250
- The National Winner receives \$5,000
- The winner of the Public Speaking receives \$2,500 (unless the Best Overall wins both sections.)

We aim to provide an opportunity for young people to experience success



lionsclubs.org.au and visit our Facebook page at https://www.facebook.com/youthoftheyearaustralia/

lions australia we serve



# **APPLICATIONS NOW OPEN**

We are now calling for expressions of interest from young people to join our Local Health Advisory Committees (LHAC) across our region.

If you're interested in a career in health, or in being a voice for young people and future health needs in your community - apply now!

Be a voice for health in your community...

- Take a seat at the discussion table
- Provide your feedback and ideas
- Be part of the planning and decision making
- Make a difference

To fi<mark>nd out mo</mark>re visit www.mlhd.health.nsw.gov.au/getinvolved

or call 0477 359 764 for more information.







Respectful, Responsible Learners