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#### Library banner highlights NAIDOC week

#### **Key Dates**

#### Newsletter Week 2, Term 3 2022

Date:	Event:	Assessments:
July 29	Riverina Athletics Carnival in Albury	Yr 11 Earth Research Task due Yr 12 AG Assessment due Prelim Physics Depth Study due Prelim PDHPE Assessment due
August 1		Yr 12 Chemistry Assessment due Yr 12 PDHPE – Task 3 due
August 3	Year 5/6 Open Night ~ 4 – 6pm Yrs 7-12 Resilience Workshops	
August 4	Defence Force Visit re Careers	Yr 11 Chemistry Depth Study due
August 5		Yr 12 Legal Studies Assessment due Yr 11 Legal Studies Assessment due
August 9	Parent/Carer Tertiary Info Night – 6pm in MPR	
August 9-10	Yr 11 Primary Industries Farm Vehicle Safety	
August 10	Yr 10 Parent Evening  P&C meets tonight in Jerilderie at  Jerilderie Sports Club ~ 7pm.  All welcome.	
August 11	Year 10 Subject Selection Day	Industrial Technology Major Projects due
August 22 – 26	Yr 12 Trial Exams	

#### A word from Mr Ward

Welcome to Term 3, 2022. I hope everyone had a wonderful break and were able to relax, get away and maybe even stretch out with a good book. I am excited for what the new term brings. Term 3 is always one dedicated to our Year 12 cohort with trials, final grades, feedback and preparations for the HSC, whilst a new future for them is just around the corner. Year 11 are also in their final term before starting the HSC in Term 4. We wish all the students and staff a healthy and productive term.

#### **Mr Whitty**

Congratulations to Mr Whitty who through a departmental selection process and interview is now our official substantive Deputy Principal. Mr Whitty has been relieving in the position since the end of 2020 and has done an outstanding job. The vacant Head Teacher HSIE position will continue to be held by Mrs Baxter until we advertise later in the year.

#### **Staff Development Day Guest Speaker**

Thank you to Mrs Roslyn Lockhart who was our guest speaker at staff development day this term. Ros is our local AECG president and spoke to the staff about her culture, history and the importance of education. The fact that she shared her personal journey with us including her time as a student at Finley High School was very special. The feedback from staff has been wonderful and we really appreciate the fact that Ros gave up her time to speak to us.

#### **NAIDOC Assembly**

The school celebrated NAIDOC week with a whole school assembly on Tuesday 26<sup>th</sup> July, coordinated by our Aboriginal students. It was a celebration, focusing on the theme of 'Get up! Stand up! Show up!' Thank you also goes to our Aboriginal coordinator Mrs Denny.

#### **AECG**

It was wonderful getting our AECG meetings off and running again after a break due to COVID and difficulties getting together. Congratulations to the following office bearers from Tuesday night's AECG meeting.

President Roslyn Lockhart
Vice President Norma Gowans
Secretary Fiona Burton
Treasurer Peta Neessen

Our next meeting is the 16<sup>th</sup> August, we look forward to welcoming new members.

#### **Bendigo Sheep and Wool Show**

Last week, Mrs O'Leary and Mr Webb along with 8 wonderful students attended the Bendigo Sheep and Wool Show. They achieved some wonderful success in showing the Poll Dorsets and received acknowledgement from breeders across the country for their efforts. It was wonderful spending time with the students and staff on the Saturday seeing firsthand the care and professionalism which they have for the animals.

#### SRC - MND and School Social

A massive shout out to the SRC, Mrs Parr and Mrs Tobin along with all those staff who supported them on Friday during our MND fundraiser. An assembly was held informing students and staff about MND before heading out to the oval for the MND freeze activity, which again was a hit raising \$5000 for the cause.

On Friday night we held the SRC Social which was well attended. Thank you to the SRC and all those staff who assisted in any way. The behaviour was great, the students who dressed up looked great and everyone had a wonderful time. Such an important event, well done.

#### **School Works**

Over the break considerable work was done laying cables underground for the cooler classrooms project. The beautiful lawns have taken a beating. At this stage, the works will continue for at least another month. Special thanks to Mr O'Hora who gave up considerable amount of his own time to ensure no damage was done to underground pipes and cables.

Also, a big thanks to Mr Tessier who has removed every smart board in the school, they have been replaced by MLDs (main learning displays), which are interactive touch screen panels.

This term we begin the Hospitality classroom renovation. The classroom will be gutted and rebuilt in time for classes in Term 4. We apologise for all these disruptions but the benefits in the long run will be great for our school.

#### **Class Changes**

This term we made the difficult decision to collapse 10C into the other three Year 10 classes. The decision was made to free up staff to assist with teaching shortages that exist in the school. Thank you to Miss Wadsworth, Mrs Philpot, Mr King and Mrs McNaught for all your hard work with 10C. I know the students will miss you and you will miss teaching the students.

#### **Sporting Excellence**

This term I would like to congratulate and wish the following students all the best.

Harry Haynes – Representing Riverina at State Cross Country Ben Rourke - Representing Riverina at State Cross Country Sienna Bourke – NSW Squash and Riverina Tennis Jasmine Bourke – NSW Squash and Riverina Tennis Hamish Cameron – Riverina Tennis Mia Cameron – Riverina Tennis Caitlin Griffiths - Team captain of the 2022 Interschool National Victorian Equestrian team Sophie Griffiths – Interschool National Victorian Equestrian team Bianca Griffiths - Interschool National Victorian Equestrian team

Also wishing all the competitors from Finley High School who are off to the Riverina Athletics carnival in Albury on Friday - all the best.

#### Jeff Ward, Principal

#### **Assembly**

At Tuesday's assembly certificates were awarded to place getters for both Athletics and Cross Country



#### **Athletics**

12yrs

Boys 1<sup>st</sup> Bobby Moore, 2<sup>nd</sup> Elliott Loughridge, 3<sup>rd</sup> Jack Culton

Girls 1<sup>st</sup> Jordahna McIntyre, Equal 2<sup>nd</sup> Ella Coombs and Ruby Neessen



13yrs

Boys 1<sup>st</sup> JacksonTooke, 2<sup>nd</sup> Heath Mansell, 3<sup>rd</sup> Lachlan Whelan

1<sup>st</sup> Lillian Baker, 2<sup>nd</sup> Amelia Hay (absent), 3<sup>rd</sup> Milena Sneddon Girls



14yrs

1<sup>st</sup> Ben Rourke, 2<sup>nd</sup> Harry Daniel, 3<sup>rd</sup> Farron Urrutia Boys

Girls 1<sup>st</sup> Nevaeh Webb, 2<sup>nd</sup> Kizzi Moore, 3<sup>rd</sup> Evelyn McCallum



15yrs

Boys 1<sup>st</sup> Dan Eldridge, 2<sup>nd</sup> Jordan Sykes, 3<sup>rd</sup> Reece Simmons

I<sup>st</sup> Erica Hammond, 2<sup>nd</sup> Charlotte Rafferty (absent), Girls

3<sup>rd</sup> Olivia Campbell



16yrs

1<sup>st</sup> Jacob Armer, 2<sup>nd</sup> Lenny Dattoli, 3<sup>rd</sup> Jonathan Shen Boys

1<sup>st</sup> Sienna Burke, 2<sup>nd</sup> Erica Nicholls, 3<sup>rd</sup> Jasmine Burke Girls



17yrs

Boys 1<sup>st</sup> Archie Mason, 2<sup>nd</sup> Cruz Nash, 3<sup>rd</sup> Hugh Burton

Girls  $1^{\rm st}$  Isabella Kelly,  $2^{\rm nd}$  Olivia Cicolini, Equal  $3^{\rm rd}$  Sophie Roe and

Alanna Steel

#### **Cross Country**

12yrs

Boys 1<sup>st</sup> Bobby Moore, 2<sup>nd</sup> Connor Fita, 3<sup>rd</sup> Elliott Loughridge

Girls 1<sup>st</sup> Sara Hayes (absent), 2<sup>nd</sup> Ruby Neessen, 3<sup>rd</sup> Ella Coombs

13yrs

Boys 1<sup>st</sup> Jackson Tooke, 2<sup>nd</sup> Jaidyn White (absent), 3<sup>rd</sup> Lachlan Whelan

Girls 1<sup>st</sup> Lillian Baker, 2<sup>nd</sup> Milena Sneddon, 3<sup>rd</sup> Amelia Hay

14yrs

Boys 1<sup>st</sup> Ben Rourke, 2<sup>nd</sup> Hunter Groutsch, 3<sup>rd</sup> Matthew DiLullo (absent)

Girls 1<sup>st</sup> Bethany Loughridge, 2<sup>nd</sup> Georgia Belling, 3<sup>rd</sup> Angela Bonic

15yrs

Boys 1<sup>st</sup> Isaac Lunn, 2<sup>nd</sup> Kade Pyle, 3<sup>rd</sup> Ryan Nelson

Girls 1<sup>st</sup> Olivia Campbell, 2<sup>nd</sup> Charlotte Rafferty (absent), 3<sup>rd</sup> Erica Hammond

16yrs

Boys Did not compete

Girls 1<sup>st</sup> Sienna Burke, 2<sup>nd</sup> Dakota Pyle, 3<sup>rd</sup> Daisy Daniel



17yrs Boys Girls

I<sup>st</sup> Harry Haynes, 2<sup>nd</sup> Harry Campbell, 3<sup>rd</sup> Kade Buckley I<sup>st</sup> Kadeesha Conlan (absent), 2<sup>nd</sup> Caitlin Griffiths, 3<sup>rd</sup> Tamzin Bell











18yrs |<sup>st</sup> Zye Treadway, 2<sup>nd</sup> Adam Aylett, 3<sup>rd</sup> Hugh Burton |<sup>st</sup> Sophie Roe, 2<sup>nd</sup> Alanna Steel, 3<sup>rd</sup> Ruby Russell

Boys

Girls

#### **Visual Arts**

#### Years 9 and 10 Photographic and Digital Media Portraits







**Chelsea Singleton** 

**Hailey McLean** 

**Sophie O'Donnell** 





**Keeley Peters** 







**Macey McCallum** 



**Samantha Anderson Catchpool** 



Sienna Keith

#### **Under 15 Girls Soccer - BILL TURNER TROPHY**

On Friday 24<sup>th</sup> June, Finley High School hosted Marian Catholic College in Round 4 of the Bill Turner Trophy. The winner of this game, meets either Albury or Wagga High School in the Riverina Final to be played in August.

The Finley High School Girls team were missing two very skilful players in Chelsea Winn and Kizzi Moore and were very competitive against their well-conditioned and highly experienced opponents from Griffith. During the early stages of the game scoring was minimal and excellent defensive pressure was placed on the Marian College forwards. As the game progressed the craftiness of our opposition was clear to see and despite a promising opening, Marian College were victorious 14 to nil.

The Finley High School Girls Team can be satisfied with their preparation and effort and be buoyed by the fact that a large majority of these students will be eligible to play in this same competition in 2023 and 2024.

I would like to thank Brian O'Hara for preparing the surface and Shannon Neilson for doing an excellent job as referee. I would also like to acknowledge Kohan Joseph and Roree Wallis for being linesmen on the day.

Mr Nathan King Team Manager



#### **Equestrian News**

On the 19th June the Griffith girls – Caitlin, Sophie and Bianca represented Finley High School when they competed in the 4th and final round (the grand final) of the Victorian Equestrian Interschool Series (VEIS).

The girls did an amazing job with their riding. When points were tallied over the four events the following

results were awarded.

Caitlin Series Elementary Champion
Sophie Series Elementary 4<sup>th</sup> place
Bianca Series Novice Reserve Champion

Finley High School placed 3<sup>rd</sup> overall.

All three girls are now eligible to represent Victoria at the Australian Interschool Championships in Sydney, later this year. Congratulations girls on this outstanding achievement.

#### **Inclusive School Sport Day**

The Lauren Jackson Sports Centre, Albury was the venue for the recent Inclusive School Sport Day. The day was held on Wednesday 29th June with two students from Finley High - Kade Buckley and Arabelle Taylor participating.

A variety of sports were on offer including tennis, cricket, NRL, little athletics, hockey and golf. The photos show Arabelle and Kade enjoying the day's activities, especially Kade measuring up to Lauren Jackson! Thanks to Dim Wright for her support on the day.

















#### **Careers News**

#### **Resilience Day**

All students at Finley High School will participate in a resilience workshop on Tuesday 3<sup>rd</sup> August at the recreational reserve. Information notes went home last week about the event. If you missed this please feel free to contact the school on 5883 1344 for a replacement note.

The program will be presented by Values for Life and will involve dynamic workshops that are fun and engaging and that aim to empower empathy and resilience. The workshops will be presented in stage groups to provide age relevant information. Should you require further information, please speak to the Careers staff.

#### **Defence Force Visit**

The Defence Force will be visiting Finley High School on Thursday  $4^{th}$  August during period 4 - 12:30pm to 1:30pm. They will present information about joining the force, careers available from officer to trades and non-technical. They will talk about the GAP year and more.

If students or parents want to attend, please speak to the Careers staff.

#### **Parent/Carer Tertiary Information Night**

On Tuesday 9<sup>th</sup> August, Mrs White will be running a tertiary information evening for any parents, carers and / or students who would like to come along. The evening will begin at 6 pm in the Finley High School MPR. It will cover general information around applying for university – the processes and steps involved. There will be opportunities to ask questions. It will cover both the NSW UAC system and the Victorian VTAC system.

#### **School Based Apprenticeship and Training (SBAT)**



On Wednesday 29<sup>th</sup>June I was lucky enough to attend the official opening of the Jerilderie Preschool Kindergarten.

Dimitee Taylor is completing an SBAT- she is studying her Certificate III in Early Childhood and spends one day per week at the centre.

The new Preschool is amazing - with spaces for many more children and OOSH facilities. The expansive grounds cater for all ages and the interesting features are brilliant.

Mrs Jenny Philpot Careers Advisor

#### **TAFE Youth Engagement Strategy Program**

Last term, Year 9/10 students were given the opportunity to participate in the TAFE – YES program. Two separate programs were offered over a five-week period - Photography and Construction. The programs are designed to give students a taste of each field.

The photography students learned basic techniques using Photoshop software to capture, edit and present photographs.

Pictured are the photography students on their final day, together with their teacher Richard Sievers and Mr Ward





#### **Year 8 Engineering**

Year 8 Engineering students constructed model rockets during Term 2. They used cardboard and balsa wood to construct the models. The solid fuel engine can send the rockets up to an altitude of nearly 300 metres.

Ryan Thornton, Hunter Groutsch and Jeremy Doolan

#### P & C News

The P & C would like to welcome Peta Neessen and Donna Bain as two new team members to the canteen staff. Once Donna and Peta have been trained, a new roster for canteen volunteers will be sent out



Finley High School P&C will meet on Wednesday August 10 at 7pm in the meeting room at the Jerilderie Sports Club, Jerilderie. All parents and friends are welcome to attend.

#### **MND Freeze**



# Riverina Dance Festival



After much practising, students from Finley High travelled to Griffith on Friday 3rd June to participate in the Riverina Dance Festival. The festival showcases the best dance programs that are on offer in public schools in the Riverina area. There were 35 auditioned items, representing 21 schools across the Riverina. However, only 16 schools/ensembles were present at the festival with 22 performance items. It was the first time in 25 years that Finley High School has successfully been selected to perform in the festival. Congratulations to Ms Bower and her team for their brilliant efforts.



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# William Shakespeare's

Two households, both alike in dignity. In fair Verona, where we lay our scene, From ancient grudge break to new mutiny, Where civil blood makes civil hands unclean From forth the fatal loins of these two foes

A pair of star-cross'd lovers take their life; Whose misadventured piteous overthrows

Do with their death bury their parents' strife. The fearful passage of their death-mark'd love, And the continuance of their parents' rage

Which, but their children's end, nought could remove,

Is now the two hours' traffic of our stage; The which if you with patient ears attend.

What here shall miss, our toil shall strive to mend.

Three civil brawls... By thee,

old Capulet, and Montague, Have thrice disturbed the quiet of our streets... If

ever you disturb our streets again, Your lives shall pay the forfeit of the peace Once more, on PAIN of DEATH, all me DEPART.

Do you bite your thumb at \*us\*, sir?

No, sir, I do not bite my thumb at you, but I bite my thumb, sir

MEANWHILE, ROMEO (SON OF LORD MONTAGUE)IS PINING AFTER THIS GIRL ROSALINE AND IS ALL SAD. BENVOLIO TRIES TO FIND OUT WHO IT IS THAT IS MAKING HIM SO LOVE SICK.

the peace. Put up thy sword, Or manage it to part these men with me

do but keep

...Talk of peace? I hate the word, As I hate hell all Montagues, and thee.

THE MONTAGUES AND CAPULETS HATE ONE ANOTHER AND INSULT EACH OTHER IN THE STREET.

In love? Tell me in sadness who is that you love.

A sick man in sadness makes his will A word ill urged to one that is so ill In sadness, cousin, I do love a woman.

Oh, she doth teach the torches to burn bright! It seems she hangs upon the cheek of night like a rich Jewel...

sprung from my only hate! Too early seen unknown, and known too late! Prodigious mirth of love it is to me. That I must love a loathed enemy.

My only love

THE POLICE BREAK IT UP AND DECLARE THAT IF THERE IS ANOTHER, THOSE RESPONSIBLE WILL IS ANOTHER, THOSE RESPONSIB PAY FOR IT WITH THEIR LIVES

> O Romeo, Romeo! Wherefore art thou Romeo? Deny thy father and refuse thy name. Or, if thou wilt not, be but sworn my love, And I'll no longer be a Capulet.

if the measure of thy joy Be heaped like

My true love has made me so rich that I can't count even half

Romeo...

thou art a villain. ...turn and

draw.

ROMEO'S FRIENDS GATE CRASH A CAPULET PARTY SO THAT HE CAN SEE ROSALINE, BUT HE SEES JULIET (THE DAUGHTER OF LORD CAPULET) AND FALLS INSTANTLY IN LOVE.

Tybalt, the reason that I have to love thee Doth much excuse the appertaining rage To such a greeting. Villain am I none.

hurt. A plague o' both your houses!

Ay, ay, a scratch

But soft! What light through yonder window breaks? It is the east, and Juliet is the sun.

Just call me your love, and I will take a new name.

Tybalt here

slain, whom Romeo's hand did slay. Tybalt hit the

life of stout Mercutio... Romeo slew Tybalt.

THEY MARRY IN SECRET WITH ONLY THE PRIEST AND JULIET'S NANNY PRESENT

God, did Romeo's hand shed Tybalt's blood?

My husband lives, that Tybalt would have slain, And Tybalt's dead, that would have slain my husband

find To comfort you.

1,11

TELL JULIET THAT HER COUSIN HAS HER COUSIN HAS BEEN KILLED AT THE HANDS OF ROMEO. THIS GREATLY DISTRESSES JULIET. TYBALT (A CAPULET) WANTS TO KILL ROMEO
BECAUSE HE CAME TO THE PARTY WITHOUT AN
INVITE BUT ROMEO DOESNIT WANT TO FIGHT
BECAUSE HE JUST MARRIED JULIET. ROMEO'S BFF
MERCUTIO DECIDES TO FIGHT ON ROMEO'S
BEHALF. ROMEO TRIES TO STOP THE FIGHT AND
MERCUTIO ENDS UP STABBED BY TYBALT.

Good Father, I beseech you on my knees, Hear me with patience speak a word.

Hang thee, young baggage! Disobedient wretch! I tell thee what: get thee to church o' Thursday, Or never after look me in the face.

LORD CAPULET TELLS JULIET THAT HE HAS SET HER UP WITH THIS RICH GUY AND THAT SHE HAS TO MARRY HIM. SHE BEGS HIM TO NOT MAKE HER MARRY THIS OTHER DUDE. HE GETS MAD AND PULLS THE PARENT CARD.

ROMEO SNEAKS INTO THE CAPULET YARD AFTER THE PARTY TO SEE JULIET. THEY PROMISE THEIR UNDYING LOVE TO EACH OTHER AND TO GET MARRIED THE NEXT DAY.

ROMEO, FUELED WITH ANEER FOR HIS BFF'S DEATH, KILLS TYBALT AND THEN FLEES. THE POLICE DECLARE ROMEO BANISHED.

For that offence Immediately we do exile him hence. ...Else, when he's found, that hour is his last.

## William Shakespeare's LD BY 9

O child, O child! My soul, and not my child! Dead art thou! Alack, my child is dead, And with my child my joys are buried.

She's dead, deceased, she's dead. Alack the day!

o me, o me My child, my only life... Alack the day. She's dead, she's dead, she's dead!

THEY HOLD A FUNERAL FOR JULIET AND LAY HER IN THE FAMILY TOMB. EVERYONE IS DEVASTATED BY THIS GREAT LOSS.

JULIET ORGANISES A SLEEPING DRUG THAT WILL IAKE HER LOOK DEAD. HER FAMILY FIND HER DEAD AND ARE BESIDE THEMSELVES WITH GRIEF.

Her body sleeps in Capels' monument, And her immortal part with angels lives.

DEFY YOU, STARS!

ONE OF ROMEO'S FRIENDS SEES JULIET'S FUNERAL NOTICE IN THE PAPER AND IMMEDIATELY DEPARTS TO FIND ROMEO AND TELL HIM HIS BELOVED IS DEAD.

For here lies Juliet, and her beauty makes This vault a feasting presence full of light. Come, bitter conduct, come.. Here's to my love!

Thy drugs are quick. Thus with a kiss I die.

grave? Oh, no.

ROMEO RETURNS UNDER COVER OF DARKNESS TO FIND JULIET. SHE IS STILL OUT TO IT SO HE IS SUPER DEVO AS HE THINKS SHE IS DEAD. HE TAKES A DRUGTHAT WILL KILL HIM INSTANTLY AS HE CANNOT POSSIBLY LIVE WITHOUT HIS ONE TRUE LOVE.

love's hand? Poison, I see, hath been his timeless end. O churl, drunk all. and left no friendly drop To help me after?

what's here? A cup, closed in my true

JULIET SEEING WHAT ROMEO HAS DONE IS BESIDE HERSELF WITH GRIEF. LIKE ROMEO, SHE CANNOT LIVE WITHOUT HIM, SO SHE GRABS HIS SWORD AND TAKES HER OWN LIFE.



0 happy dagger, This is thy sheath. There rust and let me die.

Romeo dead, and Juliet, dead before. Warm and new killed.

Their course of love, the tidings of her death. Capulet! Montague! See what a scourge is laid upon your hate, That heaven finds means to kill your joys with love! All are punished.

As rich Romeo's by his lady's lie. Poor sacrifi ces of our enmity

0 brother Montague, give me thy hand. This is my daughter's jointure, for no more Can I

demand.

BUT JUST AFTER ROMEO DIES, JULIET WAKES UP FROM THE EEPING DRUG SHE HAD TAKEN TO FAKE HER DEATH.

T will raise statu e in gold

PEOPLE HEAR THAT ROMEO HAS RETURNED AND WAS SEEN AT JULIET'S TOMB. THE POLICE AND BOTH JULIET'S AND ROMEO'S PARENTS GO TO THE TOMB. THEY DISCOVER BOTH DEAD AND THE PRIEST TELLS THEM WHAT HAD HAPPENED.



FOR NEVER WAS A STORY OF MORE WOE THAN THIS OF JULIET AND HER ROMEO.

## FCC YOUTH GROUP - TERM 3 2022

TIME - 7PM - 9:30PM

AGE: YR 7 - 12

FRI 29/7/22

BONFIRE - NATHAN & RACHEL'S
SOUTH COREE ROAD

SAT 13/8/22

FAMILY BUSHDANCE

- ALL AGES WELCOME 7PM FINLEY HIGH SCHOOL HALL

FRI 26/8/22

BIBLE STUDY & GAMES - RETREAT

FRI 9/9/22

GAMES NIGHT - RETREAT

FRI 23/9/22

GUESS WHAT? - RETREAT
HOW MUCH DO YOU KNOW?

COST: \$2/PERSON OR \$5/FAMILY

For more information please contact: Rachel Everingham 0458 831 004 Hannah Gray - 0417 957 427 Leanna Loughridge - 0437 949 688

### FINLEY HIGH SCHOOL Years 5 & 6 Open Night

Wednesday 3rd August 2022

Between 4pm - 6pm

Finley High School BBQ Area

Open to Years 5 & 6 students and their families

Similar to our first Open Night the following will be on offer;

- Guided Tours
- Meet the Staff
- Information Sessions
- Interactive Activities

Come along and experience some of the amazing opportunities that Finley High School has to offer.

Working together to ensure the best possible High School journey

Finley High School 03 58831344 2023 Year 7 Advisor - Charlotte Perry



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# upcoming sessions

headspace
National Youth Mental Health Foundation

Parents, Carers, and Community Members in Murrumbidgee are invited to attend a free mental health education session in Term 3.



#### The sessions aim to:

- Strengthen your understanding of mental health definitions.
- Enhance your conversational approach to mental health and well-being.
- Build skills and strategies to support young people, including transition to work and study.
- Build awareness of local, state and national supports available to young people.
- Increase your knowledge & understanding of the mental health challenges facing young people today.
- Introduce you to some of the skills and strategies to encourage and support help-seeking.



#### Navigating uncertainty and change

Date: Monday, 18 July 2022 Time: 6:30 pm – 7:45 pm AEST Location: Online webinar

Registration: https://bit.lv/3uNpJkm



### Connecting and communicating with young people

Date: Tuesday, 16 August 2022 Time: 12:00 pm – 1:15 pm AEST Location: Online webinar

Registration: https://bit.ly/3uHsUKz



#### For more information

Contact us at programsupport@headspace.org.au



headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health