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Last Thursday's drone footage depicts Finley High's staff and students marking out R U OK?

Key Dates

Newsletter Term 3, Week 10 2023

Date:	Event:		
Friday 22 nd September	Last day for Term 3		
Monday 9 th October	Staff and Students return for Term 4		
Wednesday 11 th October	Year Eleven Mock Interviews		
Monday 16 th October – Friday 20 th October	Year Ten Exams		
Wednesday 18 th October	P&C Uniform Night		
Wednesday 18 th October	Schools Spectacular – D'Arts Ensemble Rehearsals		
Saturday 21 st October	Benalla Show – Ag Show Team		
Monday 23 rd October – Thursday 26 th October	Crime Story – Experimental Learning for Literacy		
Wednesday 25 th October	Year Nine Future Moves		
Wednesday 25 th October	Numurkah Show – Ag Show Team		
Wednesday 25 th October	Schools Spectacular – D'Arts Ensemble Rehearsals		
Saturday 28 th October – Sunday 29 th October	Cobram Show – Ag Show Team		

A word from Mr Ward

Thank You and Good Luck to our 2023 Year Twelve Cohort

This week marked the final official week for our Year Twelve students before they start their HSC exams with English on Wednesday 11th October. Their final week included some dress up days, soccer verses the staff, mock assembly, official graduation assembly and the graduation evening. Special thanks to all the students for being such a great group. I extend this thanks to the outgoing leadership team, led by Meg and Matt. Thank you also to their year advisor, Mr Bird. On behalf of all the staff we wish you all the best with your future careers and adventures.

New Leadership Team

Congratulations to our new leadership team and SRC who were introduced to the school at the formal assembly this week.

School Captains: Sarah Bauer and Roree Wallis **Vice Captains**: Claire Ingram and Faith Vidler **Prefects**: Daisy Daniel and Riley Sutton



2024 Student Representative Council:

Year Seven

Ava East Ava Schlink Abbey Tanner

Year Eight

Elliott Loughridge Miller Simpson Zara Williams

Year Nine

Lilly McNamara Remi Pyle

Year Ten

Olivia Campbell Shikaya Hall Charlotte Rafferty

Chloe Rorato Rosie Steel

Girls Squash Team

Congratulations to our Girls Squash Team who were runners up in the NSW CHS squash knockout. This is an exceptional achievement and one we are very proud of. The girls lost to champions Kandos High School in the final. Congratulations to Sienna Burke, Jasmine Burke, Bella Rourke and Milena Sneddon who played in the final. Well done also to Piper Pyle who was the reserve for the team and their coach Mr Murphy.

Special thanks to parents Ally Rourke and Renee Burke who transported the girls to their matches.

Jerilderie 4ths Football Team

The Jerilderie 4ths football team were the only local football or netball team to win a premiership this year and they did it by defeating the Berrigan 4ths by a single point. Many of our students play in both teams so it was ecstasy for some and disappointment for others. Both teams had an incredible year, and we are very proud of all the students who played in both teams.

R U OK? Day

On Thursday the 14th September we recognised R U Ok? Day. This day was a timely reminder to check in on our friends and colleagues and to start important wellbeing conversations. The majority of staff and students wore yellow and the day culminated in a whole school photo opportunity on the oval. A big shout out to Jodi Brown our amazing Student Support Officer who organised the day – thank you.

Year Eleven

Year Eleven exams concluded in Week 9. The students are now ready to start their HSC studies in Term 4. We wish them all the best.

I also want to give a shout out to Mrs White and Mrs Philpot who have supported twelve Year Eleven students this year in gaining apprenticeships and traineeships. We celebrate the fact that these students are now contributing in such a positive way to our community, and they are doing so well with their new careers.

Royal Melbourne Show

We wish all the Ag students and staff all the best as they again head off to the Royal Melbourne Show this week. For many years we have achieved much success at the Show which comes from a lot of hard work. Special thanks go to Mrs O'Leary, Mr Webb, Mr O'Leary, Mr O'Hora as well as Mrs McNamara, Mrs Bauer and Mr Matheson who are assisting. I'm looking forward to spending a couple of days with the team this year. We look forward to our Finley community of friends dropping in to say hello.

Market Day

The Year Nine and Ten commerce students recently held a very successful market day. The lines were long, and the students were busy knocking up nuggets, milkshakes, waffles and brownies in what was a great success.

Farewell and Thank You Keeley Letson

I want to thank and wish Keeley Letson all the best as she finishes up with us this week. Keeley joined us in 2021 and has been a warm and friendly SLSO. She has a passion for art and has received her dream job working at the Shepparton Art Museum. We have been blessed to have you and wish you all the best. Thank you, Keeley.

To finish up, I hope everyone has a relaxing break. Students and staff return for Term 4, on Monday the 9^{th} October.

Jeff Ward
Principal

Class of 2023



Year Eight Science

Year Eight Science is investigating photosynthesis in plants and the role of chlorophyll in the production of starch. They used variegated geranium leaves. They removed the chlorophyll from the leaves and tested them with iodine. They discovered that wherever there was chlorophyll in the leaf, starch was also found in that location.

Mr Michael O'Leary Head Teacher Science and Agriculture



L to R Cooper Gurciullo, Blake Vidler, Xavier Cox and Connor Fita



Grace Cameron and Ella Coombs



Princess Arcasitas, Jaidyn White and Toby Loomes

Year Twelve Biology - Sheep Kidney and Eye Dissections

Last Friday, the Year Twelve Biology class completed the last task for their course. This was, of course, a much-anticipated dissection of both sheep eyes and kidneys. The Year Twelve class



completed this work with a great deal of gusto - well most of them - until Ms Archinal saw the colour of Dakota Cracknell's face and sent her packing! Shannae was grateful to lend a hand with her as the colour started to drain away from her own face!

Ms Archinal was heard saying "it will be a great pity to see this class leave Room 74 for the last time, as they won't have as much fun anywhere else than was had in this room!"

Lucky, they learnt something!

Ms Michelle Archinal Biology Teacher







Year Eight Engineering

One of the modules that students cover in the Year Eight Engineering elective is called powered flight. In this module, students learn about the theory of how rockets work. They then construct their reusable model rocket and perform a test launch.

Mr Michael O'Leary Head Teacher Science and Agriculture







Year Eight students: Lincoln Robertson, Logan Eldridge, Jack Robinson, Elliott Loughridge, Xavier Cox and Connor Fita were captured with Mr O'Leary preparing for the blast off!!



2023 Sir John Monash Education Bursary

Applications are invited for the Sir John Monash Education Bursary 2023. Applicants are invited to submit an essay based on the subject: "Depend upon it, the only hope for Australia is the ballot box and an educated electorate".

Entry in this essay is open to residents of Murrumbidgee Council who are considering entering into post secondary education through University, College or TAFE, or an approved course of formal training with a Registered Training Organisation, ie apprentices, trainees, adult education. **Entries close at 4.00pm on Friday 3 November 2023.**

Full requirements and conditions, including cover sheet, are available to download from Council's website www.murrumbidgee.nsw.gov.au

John Scarce GENERAL MANAGER T: 1300 676 243

R U OK? Day

On Thursday 14th September Finley High School turned yellow in support of the RUOK? Day charity campaign.

Throughout the week staff and students were informed on what the day is about and why it is important to have the conversation, asking RUOK?

On the day the school was treated to RUOK? Day cupcakes, thanks to Mrs McNamara, Gaye Maxwell and the SToMP leaders, Shannae Thomson and Abi Litchfield.

The SRC ran activities and music at lunchtime just before the whole school headed out for the RUOK? drone photo.

A special mention to Riley Sutton for the drone photography.

Mrs Jodi Brown

Student Support Officer - Coordinator















Girls Squash Team

Our Finley High Girls Squash team made it to the final three teams in the State recently. The playing team was: Jasmine Burke, Sienna Burke, Bella Rourke, Milena Sneddon and Piper Pyle.

They played at Northmead Squash Courts in Sydney on Friday 15th September. Four of the girls travelled to Sydney thanks to Ally Rourke and Renee Burke.

Finley High played in a round-robin against the other two teams and beat Leeton High School 3-1 and then lost to the eventual winner, Kandos High School, 1-3.

This is a fantastic result and we are very proud of their effort.

Mr Brett Murphy - Coordinator



Combined High School Squash Association Girls runner – up L to R

Bella Rourke, Jasmine Burke, Sienna Burke, Milena Sneddon (reserve: Piper Pyle, not shown)

Equestrian

Congratulations to Year Twelve student, Caitlin Griffiths for being selected as the overall Victorian Team Captain for a second year. Caitlin will lead over 120 Victorian riders into the Australian Interschool Championships starting on September 29th, at Werribee Park Equestrian Centre.

Year Nine student, Bianca Griffiths will also compete in the competition.

We would also like to send best wishes to Caitlin for her upcoming trip to Germany as she

continues to pursue her equestrian dream.

Caitlin is pictured on the left with her counterparts. They are holding the Victorian flag – the state hosting the Nationals competition.



Year Eight/Nine Wellbeing

Year Eight and Nine celebrated a great term, prior to Mr. Webb heading off to the Melbourne Show, last Friday. An afternoon of shared games, snacks, lunch and wellbeing was held at the Recreation Reserve Rooms.

We wish everyone a great holiday and an even better Term 4.

Mrs. O'Bryan and Mr. Webb. - Coordinators

(Special thanks to Jodi, Cath Rorato and Abbey Breust for assisting with lunch).















Careers

University of New South Wales (UNSW) Rural Health Day

On Friday the 15th September two senior students travelled to Wagga to attend the UNSW Rural Health Day workshops. The day began with some speeches from local MPs and the UNSW Health Professor around the benefits of students studying health regionally and locally. Following this, students chose 2 speciality areas from within health. Both Jonathan and Sarah chose Pharmacy where they were given a scenario and asked to create a compound cream for their patient. They made a body cream to soothe the skin that also contained lavender oils to assist with sleep support. Students mixed the cream and then transferred it into vials which they correctly labelled and were then able to take home for personal use.







After a lunch provided by the UNSW Clinical team, students completed another workshop. Jonathan attended a medicine workshop where the ambulance team performed a lifesaving rescue from a car wreck and spoke about some of the issues doctors face when presented with a car accident. Once they made the site safe, they proceeded to clear a path of access to the patient and demonstrated how a paramedic would provide care within the vehicle. Once the patient was freed from the wreck, they demonstrated how to apply a pelvic binder on patients who have suspected pelvic injuries associated with major haemorrhaging.



Sarah attended the physiotherapy workshop where students looked at forces applied through joints when jumping and landing.

Mrs Deb White Careers Teacher

Careers - Defence Force Visit

On Wednesday 13th of September Finley High School hosted the Defence Force presentation. Students had the opportunity to listen to members from both the Navy and Airforce who shared their experiences of serving. Students listened to information about pathways including GAP years, work experience, ADFA entry, the sponsorship program and direct entry. Students learned about the benefits of being a part of the Defence family and the opportunities available. There was time for questions after the presentation which saw several students investigating possible post school plans.

Mrs Deb White Careers Teacher



Year Ten students: Nevaeh Webb, Charlotte Rafferty and Dakota Neivandt are pictured with Defence Force personnel.



Pop up to the Library and borrow a book for the holidays

English

Year Eight English Podcast and Reflection Essay

Thank You To Our Supportive Community

This term, Year Eight students have been studying identity and diversity, and as part of this they created a podcast by interviewing someone they know. They had to explore identity in the community and then write a reflection essay once they finished their podcast. Some are still being marked, but students have done a great job on this task, and we wanted to thank grandparents, parents, siblings, neighbours and teachers who permitted themselves to be interviewed. Your cooperation is very much appreciated.

The final section of the essay reflection asked students to comment on potential changes or actions they might consider making in their own lives based on the ideas presented in the podcast. You can be proud of the conclusions that your sons/daughters came to after the interview.

Below are some extracts from Year Eight students:

Doing this podcast has shown me how my mum's life was shaped...

This interview challenged my perceptions.

Learning about genders made me more open minded about things and be careful about what I say...everyone should mind their own business instead of being mean to people they don't like or respect.

...it has greatly influenced the way I think and how important it is to give back to your community.

I'm more like my dad than I realized...

I now look at my dad's life from a different perspective.

I will be kinder in my life and on the sporting field.

I will be able to make better and more thoughtful choices.

This task expanded my understanding of the complex nature of identity and diversity.

After interviewing dad, I will try to be grateful for what I have, stay away from social media, and have fun in my life.

I feel bad for my mum and grandparents knowing they did not have phones growing up.

I will do as much as I can for my community not just for my sake but the generations to come.

This text [studied in class] made me think about how complex identity can be to figure out, especially if you identify with something that is 'outside of the norm'.

In the past I have stereotyped people based on their appearance. Studying stereotypes has changed my opinion.

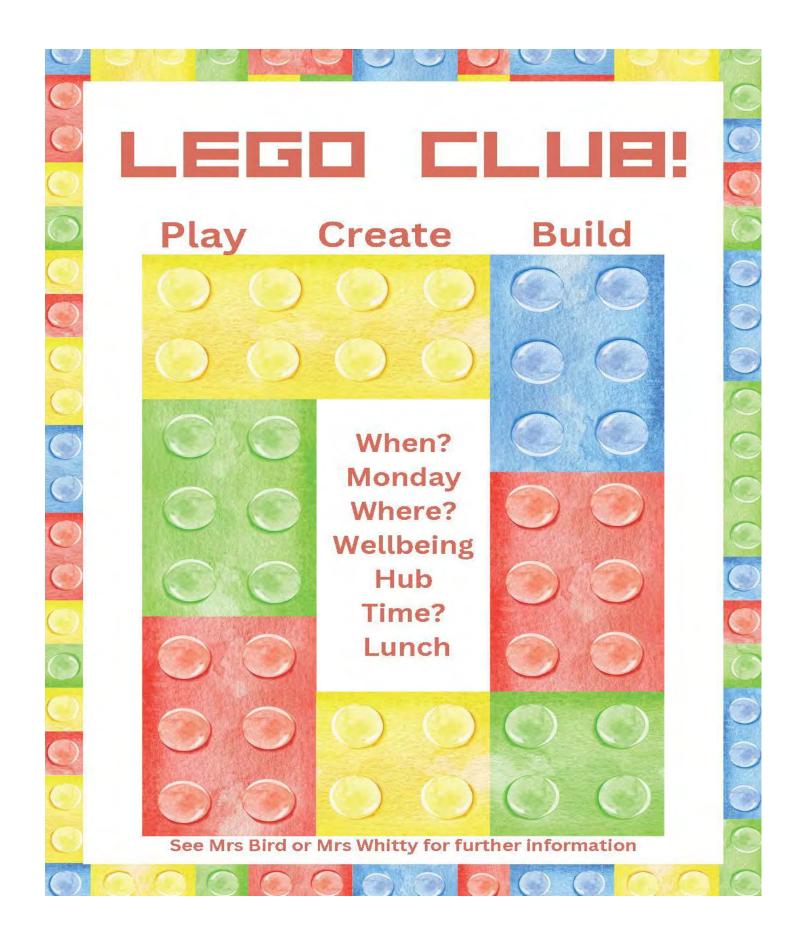
Sometimes we have to do things we don't enjoy doing.

...do things with a cheerful attitude; it makes the task more enjoyable.

I've learnt I have to respect everyone.

Thanks again to everyone who helped make this task a rewarding experience.

Mrs Veronica McNaught English Faculty



Canteen Roster

CANTEEN & UNIFORM SHOP

Contact - 0473 946 683

Volunteers are asked to be at the canteen by 10am sharp. If you are unable to attend, please change with someone else.

OCTOBER

11 th	R Groutsch		
13 th	C Rorato		
17 th	C Lawton		
20 th	T Bauer		
25 th	A Lee		
27 th	M Close		



Find us on Facebook & food & drink Phone: 0417 791 020 RACECOURSE TOCUMWAL \$500 CASH PRIZE **FOR EACH MALE** 100M SPRINT, **AND FEMALE** LEG IT 4 LETTY WINNER WWW.EFFORTS4ESME.COM SATURDAY, 7TH OCTOBER, 2023 GATES OPEN 7AM. 2km & 5km \$50 entry.

Cobram Lawn Tennis Club 2023/24 Junior Saturday Morning Tennis

The Saturday Morning Junior Tennis Season begins on

Saturday 7th October 2022

9am for Registration & Grading/Warm-up Hitting Saturday 15th October 2022

9am for Game play and Hotshots

Past, current and new players are welcome. Come and join us for a fabulous Summer of tennis.

To register email: cdjta@yahoo.com by 4th October 2023

With queries contact:

Matthew Ross-Soden 0400 593 583

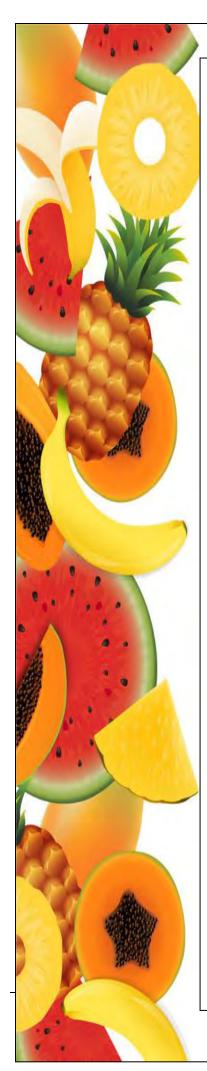
Jane Janssens 0407 884 982



Please follow our Facebook Page: Cobram Lawn Tennis Club







Finley High School 2023 Summer Menu

(Standard Salad includes meat, lettuce, tomato & cheese)
(With the Lot includes meat, lettuce, tomato, cheese, beetroot, carrot, onion & mayo)

(With the Lot includes meat, lettuc	ce, toma	to, cheese, beetro	oot, carrot, onion 8	& mayo)
	Roll	Sandwiches	Tubs of Salad	
Chicken Salad	\$6.00	\$5.00	(Meat, lettuce, tomato,	
Chicken Salad with Lot	\$6.60	\$5.60	carrot, beetroot pineapple	
Ham Salad	\$6.00	\$5.00	egg, onion, chee	
Ham Salad with Lot	\$6.60	\$5.60	Roast Chicken	\$7.00
Tuna Salad	\$6.00	\$5.00	Ham	\$7.00
Tuna Salad with Lot	\$6.60	\$5.60	Tuna	\$7.00
Salad no meat	\$5.00	\$4.00	Salad no meat	\$6.00
Salad no meat with Lot	\$5.60	\$4.60		
Tuna	\$4.50	\$3.50		
Roast Chicken	\$4.50	\$3.50	Wraps	
Ham	\$4.60	\$3.50	(meat, lettuce, t	omato,
Cheese	\$4.50	\$3.50	carrot, cheese 8	
Tomato	\$4.50	\$3.50	Roast Chicken	\$5.50
Egg/Curried	\$4.50	\$3.50	Ham	\$5.50
Vegemite	\$4.50	\$3.50		
Ham & Cheese	\$4.70	\$3.70		
Buttered	\$4.00	\$3.00		
Hat Food			Toasted Sandy	wichoc
Hot Food Chicken Burger (lettuce & maye)	¢E 20		Ham & Cheese	
Chicken Burger (lettuce & mayo)	\$5.30 \$4.00		Cheese	\$3.70 \$3.50
Hot Dog Hot Dog with cheese	\$4.00		Ham	\$3.50 \$3.50
Chicken Wrap	34.30		Паш	33.30
(chicken tender, lettuce, cheese &	mayal			
(chicken tender, lettuce, cheese &	\$4.70			
Sweet Chilli Wrap	34.70			
(sweet chilli chicken tender, lettuc	a chaos	a & mayo)		
(Sweet chilli chicken tender, lettuc	\$4.70	e & mayo)		
	J4.70			
Recess				
Cheese & Bacon Roll – Large		\$2.70		
Hedgehog (Tuesday & Thursday) small		\$1.70		
Hedgehog (Tuesday & Thursday) large		\$3.40		
Muffins (Monday & Wednesday)		\$3.40		
Donuts (Fridays)		\$3.20		
(/-/				
Drinks				
Large Flavoured Milk	\$5.20			
Small Flavoured Milk	\$2.80			

\$2.80

\$2.20

\$3.00

\$2.00

\$2.30

\$1.40

\$5.20

Large Orange Juice

Small Orange Juice

Nippy's Apple Juice

Apple Juice Prima

Water Plain Milk

Dare Milk

Nippy's Apple Blackcurrant Juice \$3.00